## A Spring in Imaginary Time

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1. If we have a spring with fixed ends tracing a curve $q$ in $\mathbb{R}^{n}$ whose energy is $E$ as given, we find that taking the variation of $E$ gives:

$$
\begin{aligned}
\delta E & =\delta \int_{s_{0}}^{s_{1}}\left(\frac{k}{2} \dot{q}(s) \cdot \dot{q}(s)+V(q(s))\right) d s \\
& =\int_{s_{0}}^{s_{1}}\left(\frac{k}{2} \delta(\dot{q}(s) \cdot \dot{q}(s))+\delta V(q(s))\right) d s \\
& =\int_{s_{0}}^{s_{1}}(k \dot{q}(s) \cdot \delta \dot{q}(s)+\nabla V(q(s)) \cdot \delta q(s)) d s \\
& =\int_{s_{0}}^{s_{1}}(-k \ddot{q}(s)+\nabla V(q(s))) \cdot \delta q(s) d s \quad \text { (by parts) }
\end{aligned}
$$

The boundary terms from the integration by parts disappear since we only consider variations which fix the endpoints of the curve traced by the spring (i.e. $\delta q=0$ at $s_{0}$ and $s_{1}$ ). Then if we have that $\delta E=0$ for all variations $\delta q$, then the equation $q$ must satisfy is

$$
-k \ddot{q}(s)+\nabla V(q(s))=0
$$

or

$$
k \ddot{q}(s)=\nabla V(q(s))
$$

2. If $V=m g z$ in $\mathbb{R}^{3}$, we have that $\nabla V=(0,0, m g)$, so that $\ddot{q}(s)=\left(0,0, \frac{m g}{k}\right)$. That is, the curve has a constant positive acceleration $\frac{m g}{k}$ in the $z$ direction with respect to the parameter $s$, and constant velocity in the $x$ and $y$ directions with respect to $s$. So we can also think of the curve as having constant acceleration in the $z$ direction with respect to distance in the $(x, y)$ direction of the particle's horizontal velocity. So the curve is a parabola with local maxima at the endpoints.
3. Replacing $s$ by $t$, we get

$$
\begin{aligned}
E & =\int_{i t_{0}}^{i t_{1}}\left(\frac{k}{2} \dot{q}(\boldsymbol{t}) \cdot \dot{q}(t)+V(q(t))\right) \dot{d t} \\
& =i \int_{i t_{0}}^{i t_{1}}\left(\frac{k}{2} q(\boldsymbol{t}) \cdot \frac{d}{d(t)} q(t)+V(q(t))\right) d t \\
& =i \int_{i_{0}}^{t_{1}}\left(\frac{i^{2} k}{2} \dot{q}(t) \cdot \dot{q}(t)+V(q(t))\right) d t \\
& =-i \int_{t_{0}}^{t_{1}}\left(\frac{k}{2}\|\dot{q}(-t)\|^{2}-V(q(-t))\right) d t \\
& =-i \int_{-t_{0}}^{-t_{1}}\left(\frac{k}{2}\|\dot{q}(t)\|^{2}-V(q(t))\right) d t
\end{aligned}
$$

Indeed, this is just $-i$ multiplied by the action along a path of a particle moving in a potential $\left(K-V\right.$, where $K=k / 2\|\dot{q}\|^{2}$ with $k$ playing the role of the mass $m$ ).
4. We have the analogy:

| STATICS | DYNAMICS |
| :---: | :---: |
| Principle of Least Energy | Principle of Least Action |
| spring | particle |
| energy | action |
| stretching energy | kinetic energy |
| potential energy | potential energy |
| spring constant $k$ | mass $m$ |

5. The statics problem in (2) corresponds to the dynamics problem of a particle moving in a potential with constant gradient. The solution to that problem has the particle moving in a parabola with local minima at the endpoints the acceleration is in the direction opposite to that observed in the statics problem of the spring.
6. Formally replacing $t$ by $t$ in Newton's equation $F=m a$, where $a(t)$ is $\ddot{x}(t)$, the second derivative of position with respect to $t$ :

$$
\begin{aligned}
F & =m \frac{d^{2}}{d t^{2}} x(t) \\
& =m i^{2} \ddot{x}(t) \\
& =-m \ddot{x}(t)
\end{aligned}
$$

(This equation $F=-m \ddot{x}$ is reminiscent of Hooke's law for springs, except that "acceleration" $\ddot{x}$ plays the role of displacement.)

