



In the case of Vect, the monoidal category of finite dim. complex vector spaces, with  $g: V \otimes V \rightarrow \mathbb{C}$  any linear map, this becomes (see previous homework):

$$\begin{array}{ccc}
 V & & v = v^i e_i \text{ where } e_1, \dots, e_n \text{ is a basis for } V. \\
 \downarrow r_v^{-1} & & \downarrow \\
 V \otimes \mathbb{C} & & v \otimes 1 \\
 \downarrow 1 \otimes i_V & & \downarrow \\
 V \otimes (V \otimes V^*) & & V \otimes (e_i \otimes e^i) \\
 \downarrow \text{assoc.} & & \downarrow \\
 (V \otimes V) \otimes V^* & & (v \otimes e_i) \otimes e^i \\
 \downarrow g \otimes 1_{V^*} & & \downarrow \\
 \mathbb{C} \otimes V^* & & g(v \otimes e_i) \otimes e^i \\
 \downarrow l_{V^*} & & \downarrow \\
 V^* & & g(v \otimes e_i) e^i
 \end{array}$$

So:

$$\begin{aligned}
 v^\#(w) &= g(v \otimes e_i) e^i (w^j e_j) \\
 &= g(v \otimes e_i) w^i \\
 &= g(w^i v \otimes e_i) \\
 &= g(v \otimes w^i e_i) \\
 &= g(v \otimes w).
 \end{aligned}$$

3.) If  $g$  is nondegenerate, let  $\bar{g}: 1 \rightarrow x \otimes x$  be defined by

$$\bar{g} = \begin{array}{c} i \\ \textcircled{b} \\ \downarrow \end{array} \quad \text{where } b = \#^{-1}: x^* \rightarrow x.$$

Then

$$\begin{array}{ccccccc} \bar{g} & = & i & = & i & = & i \\ \text{---} & & \text{---} & & \text{---} & & \text{---} \\ \textcircled{b} & & \textcircled{b} & & \textcircled{b} & & \textcircled{\#} \\ \downarrow & & \downarrow & & \downarrow & & \downarrow \\ g & & g & & g & & e \end{array}$$

, and also

$$\begin{array}{ccccccc} \bar{g} & = & i & = & \textcircled{\#} & = & \text{---} \\ \text{---} & & \text{---} & & \text{---} & & \text{---} \\ \textcircled{b} & & \textcircled{b} & & \textcircled{b} & & \text{---} \\ \downarrow & & \downarrow & & \downarrow & & \downarrow \\ g & & g & & g & & e \end{array}$$

. So  $(x, x, \bar{g}, g)$  is an adjunction.

(Note: I constructed  $\bar{g}$  given the existence of  $b$ . Sometimes, however, it's nice to have an expression for  $b$  in terms of  $\bar{g}$ :

$$\begin{array}{ccc} \textcircled{b} & = & \begin{array}{c} \bar{g} \\ \text{---} \\ e \end{array} \\ \text{---} & & \text{---} \end{array}$$

since  $\begin{array}{c} \bar{g} \\ \text{---} \\ e \end{array} = \text{---} = \begin{array}{c} i \\ \bar{g} \\ \text{---} \\ e \end{array}$

4.)  $V \in \text{Vect}$ ,  $A = \text{End}(V)$ . Let  $g: A \otimes A \rightarrow \mathbb{C}$  be defined by  $g(a \otimes b) = \text{tr}(ab)$ .

To see that  $\#: A \rightarrow A^*$  given by  $a^\#(b) = \text{tr}(ab)$  is an isomorphism, we need only check that it is injective, since  $A$  &  $A^*$  have the same (finite) dimension. But if  $a^\# = 0 \in A^*$  for some  $a \in A$ , then we have

$$0 = a^\#(b) = \text{tr}(ab) \quad \forall b \in A$$
$$= a_j^i b_i^j$$

But we may choose the numbers  $b_i^j$  arbitrarily. In particular, letting  $b$  be an elementary matrix with a 1 in the  $(k, l)$ -entry and zeros elsewhere shows that the  $(l, k)$ -entry of  $a$  is zero. Since  $k, l$  are arbitrary, this shows  $a$  is the zero matrix. So  $\ker(\#) = 0$  and  $\therefore g$  is nondegenerate.

(Note: thinking of  $A$  as  $\text{Mat}_{\dim V} \mathbb{C}$ , it makes sense to write just  $\text{tr}(a)$  for  $\text{tr}(L_a)$  for any  $a \in A$ .)