# PRODUCT THEOREMS IN $SL_2$ AND $SL_3$

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**Abstract** We study product theorems for matrix spaces. In particular, we prove the following theorems.

Theorem 1. For all  $\varepsilon > 0$ , there is  $\delta > 0$  such that if  $A \subset SL_3(\mathbb{Z})$  is a finite set, then either A intersects a coset of a nilpotent subgroup in a set of size at least  $|A|^{1-\varepsilon}$ , or  $|A^3| > |A|^{1+\delta}$ .

Theorem 2. Let A be a finite subset of  $SL_2(\mathbb{C})$ . Then either A is contained in a virtually abelian subgroup, or  $|A^3| > c|A|^{1+\delta}$  for some absolute constant  $\delta > 0$ .

Here  $A^3 = \{a_1 a_2 a_3 : a_i \in A, i = 1, 2, 3\}$  is the 3-fold product set of A.

### §0. Introduction.

The aim of this paper is to establish product theorems for matrix spaces, in particular  $SL_2(\mathbb{Z})$  and  $SL_3(\mathbb{Z})$ . Applications to convolution inequalities will appear in a forthcoming paper.

Recall first Tits' Alternative for linear groups G over a field of characteristic 0: Either G contains a free group on two generators or G is virtually solvable (i.e. contains solvable subgroup of finite index). For a solvable group G, one has to distinguish further the cases G not virtually nilpotent and G with a nilpotent subgroup of finite index. Also in the solvable non-virtually nilpotent case, G is of exponential growth. In particular, G contains a 'free semi-group' on two generators. (See [Ti].)

The 'growth' here refers to the size of the balls

$$B_{\Gamma}(n) = \{ x \in G : d_{\Gamma}(x, e) \le n \}$$

Keywords: product theorem, Subspace theorem, trace amplification, nilpotent group.

<sup>&</sup>lt;sup>1</sup>partially supported by NSF.

<sup>2000</sup> Mathematics Subject Classification. 05A99, 15A99, 05C25; 20G40, 20D60, 11B75.

where  $d_{\Gamma}$  refers to the distance on the Caley graph associated to a given finite set of generators  $\Gamma$  of G, and e is the identity of G.

Uniform statements on the exponential growth were obtained recently in the work of Eskin-Mozes-Oh [EMO] and Breuillard [B].

Nilpotent groups are of polynomial growth. This explains the exponential versus polynomial growth dichotomy for linear groups. (See [G].)

Here we are interested in the amplification of large subsets A of G under a few product operations, thus

$$|A^n| > |A|^{1+\varepsilon},$$

where

$$A^n = A \cdots A = \{a_1 \cdots a_n : a_i \in A\}$$

is the *n*-fold product set of A. (it is known that if a bounded n suffices, then already n = 3 will do, cf. [T] or Proposition 1.6).

From previous growth dichotomy discussion, such "product-phenomenon" may not be expected in nilpotent groups. For instance, let A be the following subset of the Heisenberg group

$$A = \left\{ \begin{pmatrix} 1 & a & c \\ 0 & 1 & b \\ 0 & 0 & 1 \end{pmatrix} : \ a, b, c \in \mathbb{Z}, \ a, b \in [1, N], \ c \in [1, N^2] \right\}.$$

Then

$$|A| \sim N^4 \sim |A^3|.$$

Our main result is the following:

**Theorem 1.** For all  $\varepsilon > 0$ , there is  $\delta > 0$  such that if  $A \subset SL_3(\mathbb{Z})$  is a finite set, then one of the following alternatives holds.

(i) A intersects a coset of a nilpotent subgroup in a set of size at least  $|A|^{1-\varepsilon}$ .

(ii) 
$$|A^3| > |A|^{1+\delta}$$
.

The main tool involved in the proof is the Subspace Theorem by Evertse, Schlick-ewei, and Schmidt. (cf. [ESS])

Moreover, we also rely essentially on some techniques introduced by H. Helfgott in the study of the product phenomenon in groups  $SL_2(\mathbb{Z}_p)$  and earlier work of the author [C].

Let us point out that generalizing Theorem 1 to  $SL_d(\mathbb{Z})$  is quite feasible using the same type of approach. One can further replace  $\mathbb{Z}$  by the integers in a given algebraic number field K,  $[K:\mathbb{Q}]<\infty$ , but the case  $SL_3(\mathbb{R})$  would be more problematic (because of the use of the Subspace Theorem).

On the other hand, an easy adaptation of Helfgott's methods permits us to show:

**Theorem 2.** Let A be a finite subset of  $SL_2(\mathbb{C})$ . Then one of the following alternatives holds.

- (i) A is contained in a virtually abelian subgroup
- (ii)  $|A^3| > c|A|^{1+\delta}$  for some absolute constant  $\delta > 0$ .

This last result applies in particular for finite subsets  $A \subset F_2 < SL_2(\mathbb{Z})$ , where  $F_2$  is the free group on two generators.

Here, the first alternative reads now

(i') A is contained in a cyclic subgroup of  $F_2$ .

There should be a direct combinatorial proof of this, possibly providing more information on  $\delta$ .

The results obtained in this paper belong to the general research area of arithmetic combinatorics. In particular, obtaining general sum-product theorems and product theorems in certain abelian or non-abelian groups has been an active research topic in recent years. Besides the scalar fields of real and complex numbers, these problems have been investigated in characteristic p (in prime fields  $\mathbb{F}_p$  and their Cartesian products  $\mathbb{F}_p \times \mathbb{F}_p$ ) and also in residue classes  $\mathbb{Z}/n\mathbb{Z}$  under various assumptions on n. Among the different motivations and implications of those results, one should certainly mention the estimates of certain exponential sums (see [BGK], [BC]) over small multiplicative subgroups and the applications to pseudo-randomness problems in computer science. (see [BIW], [BKSSW]). It turns out that sum-product results in the commutative case permit one to obtain product theorems in certain non-abelian setting. In a remarkable paper [H], H. Helfgott proves that if  $A \subset SL_2(\mathbb{Z}_p)$  is not contained in a proper subgroup and  $|A| < p^{3-\varepsilon}$ , then  $|A^3| > |A|^{1+\delta}$  with  $\delta = \delta(\varepsilon)$ . Generalizing Helfgott's results to higher dimensions remains unsettled at this point. In this paper we consider the corresponding problem in characteristic zero. For  $SL_3(\mathbb{Z})$  this question is easier. Our main result depends however on the Subspace Theorem. It is not clear how to elaborate a counterpart of this approach in characteristic p. It would be quite interesting to find a different method to prove our result.

The paper is organized as follows:

Section 1 consists of some preliminary material for n by n matrices and some elementary facts about sum-product sets. In Section 2 we give a technical proposition about sets of traces of elements in  $GL_3(\mathbb{C})$ . In Section 3 we state the version of the Subspace Theorem which we will use. In Sections 4 and 6 we give the proofs of Theorem 1 and Theorem 2 respectively. In Section 5 we give a different proof (using Subspace Theorem) of the version of Theorem 2 for  $SL_2(\mathbb{Z})$  (though Theorem 5.1 clearly follows from Theorem 2).

**Notations.** When working on n-fold sum-product sets, sometimes it is more convenient to consider symmetric sets or even sets involving few products. Hence we define

$$A^{[n]} = (\{1\} \cup A \cup A^{-1})^n.$$

We use  $A^n$  for both the *n*-fold product set and *n*-fold Cartesian product when there is no ambiguity.

The *n*-fold sum set of A is  $nA = A + \cdots + A = \{a_1 + \cdots + a_n : a_1, \cdots, a_n \in A\}$ . The difference set A - A and the inverse set  $A^{-1}$  can be defined similarly.

For a matrix g, Tr(g) is the trace of g. Therefore, Tr can be viewed as a function on  $Mat_n(\mathbb{C})$ .

Note that the properties under consideration (e.g. the size of a set of matrices or the trace of a matrix) are invariant under base change (i.e. conjugation by an invertible matrix).

We follow the trend that  $\varepsilon$ , (respectively,  $\delta$ , or C) may represent various constants, even in the same setting. Also,  $f(x) \sim g(x)$  means f(x) = cg(x) for some constant c which may depend on some other parameters.

### §1. Preliminaries.

**Lemma 1.1.** Let  $A \subset GL_n(\mathbb{C})$  be finite. Then there is a subset  $A' \subset A$  of size  $|A'| > |A|^{1-\varepsilon}$  such that for any  $\tilde{g} \in Mat_n(\mathbb{C})$ , one of the following alternatives holds.

- (i)  $Tr(\tilde{g}(A' A')) = \{0\}.$
- (ii)  $|Tr(\tilde{g}A')| > |A|^{\delta}$  for any  $\delta < 1 \varepsilon$ .

**Proof.** Let  $V < Mat_n(\mathbb{C})$  be a linear space of the smallest dimension for which there is a subset  $A' \subset A$  so that

$$|A'| > |A|^{1-\varepsilon} \tag{1.1}$$

for some  $\varepsilon > 0$ , and

$$A' - A' \subset V. \tag{1.2}$$

It is clear that V exists, since a decreasing sequence of subspaces of  $Mat_n(\mathbb{C})$  has length at most  $n^2 + 1$ .

Take  $\tilde{g} \in Mat_n(\mathbb{C})$ . Assume (ii) fails. Then there is  $z \in \mathbb{C}$  such that

$$\left|\left\{g\in A': Tr\left(\tilde{g}g\right)=z\right\}\right| \geq \frac{|A'|}{\left|Tr\left(\tilde{g}A'\right)\right|} \geq \frac{|A'|}{|A|^{\delta}} > |A|^{1-\varepsilon-\delta}.$$

Denote

$$A'' = \{ g \in A' : Tr(\tilde{g}g) = z \}. \tag{1.3}$$

By (1.2) and (1.3), we have

$$A'' - A'' \subset V \cap \{q \in Mat_n(\mathbb{C}) : \operatorname{Tr}(\tilde{q}q) = 0\} =: W.$$

From the minimality assumption on V, it follows that V = W and from (1.2)

$$Tr\left(\tilde{g}(A'-A')\right) \subset Tr\left(\tilde{g}V\right) = \{0\}.$$

Hence (i) holds.  $\Box$ 

**Lemma 1.2.** Let  $A \subset GL_n(\mathbb{C})$  be finite. Assume

$$\forall \, \tilde{g} \in A^{[n-1]}, \quad Tr\left(\tilde{g}(A-A)\right) = \{0\}. \tag{1.4}$$

Then for any  $g \in A - A$ , the eigenvalues of g are zero and  $g^n = 0$ .

**Proof.** Let g be an element in A-A. Then for  $i=1,\ldots,n$ , the matrix  $g^{i-1}$  is a linear combination of elements in  $A^{[n-1]}$ . Hence assumption (1.4) implies that

Tr 
$$g^i = 0$$
, for  $i = 1, ..., n$ . (1.5)

There is  $b \in GL_n(\mathbb{C})$  to put g in the upper triangular form.

$$\bar{g} := b^{-1}gb = \begin{pmatrix} g_{11} & g_{12} & g_{13} & \cdots \\ 0 & g_{22} & g_{23} \\ 0 & 0 & g_{33} \\ \vdots & & \end{pmatrix}$$
 (1.6)

It follows from (1.5) that Tr  $\bar{g} = \text{Tr } \bar{g}^2 = \cdots = \text{Tr } \bar{g}^n = 0$ . Namely,

$$\sum_{i=1}^{n} g_{ii} = \sum_{i=1}^{n} g_{ii}^{2} = \dots = \sum_{i=1}^{n} g_{ii}^{n} = 0.$$

We claim that  $g_{ii} = 0$  for all  $1 \le i \le n$ .

Assume not. Let  $\{\lambda_i\}_{1\leq i\leq m}$  be the set of distinct elements in  $\{g_{ii}\}_{1\leq i\leq n}\setminus\{0\}$  and  $a_i\geq 1$  be the corresponding multiplicities. Then

$$\sum_{i=1}^{m} a_i \lambda_i = \sum_{i=1}^{m} a_i \lambda_i^2 = \dots = \sum_{i=1}^{m} a_i \lambda_i^n = 0.$$

This means the vectors

$$\begin{pmatrix} \lambda_1 \\ \lambda_1^2 \\ \cdot \\ \cdot \\ \cdot \\ \lambda_1^n \end{pmatrix}, \dots, \begin{pmatrix} \lambda_m \\ \lambda_m^2 \\ \cdot \\ \cdot \\ \cdot \\ \lambda_m^n \end{pmatrix}$$

are linearly dependent. A contradiction follows.

Therefore in (1.6),  $\bar{g}^n = 0$ , which implies  $g^n = 0$ . We proved that all elements of A - A have zero eigenvalues, hence are nilpotent.  $\square$ 

**Remark 1.2.1.** Assumption (1.4) implies that Tr  $(A - A)^{\leq n} = \{0\}$ .

**Remark 1.2.2.** It is clear that the proof only needs condition (1.5) rather than assumption (1.4).

Next, we will study sets consisting of matrices of rank  $\leq 1$ .

We recall that, via the identification  $Mat_n(\mathbb{C}) \simeq Hom(\mathbb{C},\mathbb{C}) \simeq \mathbb{C}^{n^{\vee}} \otimes \mathbb{C}^n$ , for a rank one matrix  $g \in Mat_n(\mathbb{C})$ , there exist  $x = (x_1, \dots, x_n), y = (y_1, \dots, y_n) \in \mathbb{C}^n$  such that

$$g = y^{\vee} \otimes x = (x_i y_j)_{1 \le i, j \le n}$$

$$\tag{1.7}$$

**Lemma 1.3.** Let  $B \subset Mat_n(\mathbb{C}) \simeq \mathbb{C}^{n \vee} \otimes \mathbb{C}^n$  be a finite set satisfying the property that for any  $g \in B$ , rank  $g \leq 1$  and

$$Tr(B^2) = \{0\}.$$
 (1.8)

Then there exist  $\bar{g} = \bar{y}^{\vee} \otimes \bar{x} \in B \setminus \{0\}$  and a subset  $\bar{B} \subset B$  such that  $|\bar{B}| > \frac{1}{2}|B|$  and for all  $g = y^{\vee} \otimes x \in \bar{B}$ 

$$y \cdot \bar{x} = \sum_{i=1}^{n} \bar{x}_i y_i = 0$$

**Proof.** For any  $g = y^{\vee} \otimes x, g' = {y'}^{\vee} \otimes x' \in B$ , (1.7) and (1.8) imply

$$0 = \operatorname{Tr} gg' = \sum_{i,j} x_i y_j x'_j y'_i = \left(\sum_i x_i y'_i\right) \left(\sum_j x'_j y_j\right).$$

Hence either  $x \cdot y' = \sum x_i y_i' = 0$ , or  $x' \cdot y = \sum x_i' y_i = 0$ . The lemma follows from the following fact.

**Fact 1.4.** Let B be a set with |B| = N and let  $\sim$  be a relation on B. Assume that for any  $b, b' \in B$ , either  $b \sim b'$  or  $b' \sim b$ . Then there exist  $\bar{b} \in B$  and  $\bar{B} \subset B$  such that  $|\bar{B}| \geq \frac{1}{2}|B|$  and for all  $b \in \bar{B}$ , we have  $b \sim \bar{b}$ .

**Proof.** For  $b \in B$ , denote

$$B_b^+ = |\{b': b' \sim b\}|, \text{ and } B_b^- = |\{b': b \sim b'\}|.$$

Then

$$\sum_{b} B_{b}^{+} + \sum_{b} B_{b}^{-} = N^{2} \text{ and } \sum_{b} B_{b}^{+} = \sum_{b} B_{b}^{-}.$$

Hence  $\sum_b B_b^+ = \sum_b B_b^- = \frac{N^2}{2}$  and there exists b such that  $B_b^+ \geq \frac{N}{2}$ .

For the rest of the section we will recall some general facts for sum-product sets. Specifically, we are interested in the quantitative growth of n-fold product sets or sum-product sets.

**Fact 1.5.** (Ruzsa's triangle inequality)

Let A, B, C be finite subsets of an abelian group  $\langle G, \cdot \rangle$ . Then

$$|AB| \le \frac{|AC| |C^{-1}B|}{|C|}$$

**Proposition 1.6.** Let A be a finite subset of an abelian group  $\langle G, \cdot \rangle$  and let

$$S = A \cup A^{-1}. \tag{1.9}$$

Assume

$$|A^3| < K|A|. (1.10)$$

Then

$$|S^n| = K^{c(n)}|S|, (1.11)$$

with  $c(n) \leq 3(n-2)$ .

**Proof.** Ruzsa's triangle inequality implies

$$|A^{2}A^{-1}| \le \frac{|A^{2}A| |A^{-1}A^{-1}|}{|A|} < K^{2}|A| \tag{1.12}$$

$$|A^{-1}A^{2}| \le \frac{|A^{-1}A^{-1}| |AA^{2}|}{|A|} < K^{2}|A| \tag{1.13}$$

$$|AA^{-1}A| \le \frac{|AA^{-1}A^{-1}| |AA|}{|A|} < K^3|A| \tag{1.14}$$

(We also use (1.12) for the second inequality in (1.14).)

Therefore,

$$|S^3| < K^3|S|. (1.15)$$

Assume  $|S^n| = K^{c(n)}|S|$  with  $c(n) \leq 3(n-2)$ . Then by Ruzsa's triangle inequality, induction and (1.15)

$$|S^{n+1}| \le \frac{|S^{n-1}S| |SS^2|}{|S|} \le K^{c(n)}K^3|S|.$$

Hence

$$c(n+1) \le c(n) + 3.$$

On the other hand,  $c(3) \leq 3$ .

**Lemma 1.7.** Let A be a finite subset of a ring  $(R; +, \cdot)$ . Then for  $n = 2^k$  we have

$$|2^n S^n| = |S|^{c(n)}$$

with  $c(n) > n^{\log_2(\frac{5}{4})}$ .

**Proof.** We will prove by induction on k. Assume  $|2^n S^n| = |S|^{c(n)}$  with  $c(n) > n^{\log_2(\frac{5}{4})}$ . By the sum-product theorem in  $\mathbb{C}$ , either

$$|2^n S^n + 2^n S^n| > |2^n S^n|^{\frac{5}{4}}$$

or

$$|2^n S^n \cdot 2^n S^n| > |2^n S^n|^{\frac{5}{4}}.$$

Therefore, we have

$$|S|^{c(2n)} = |2^{2n}S^{2n}| > |2^nS^n|^{\frac{5}{4}} > (|S|^{c(n)})^{\frac{5}{4}}$$

and

$$c(2n) > c(n) \ 2^{\log_2(\frac{5}{4})} > n^{\log_2(\frac{5}{4})} \ 2^{\log_2(\frac{5}{4})} = (2n)^{\log_2(\frac{5}{4})}.$$

**Proposition 1.8.** Let S be a finite subset of a ring  $\langle R; +, \cdot \rangle$ . Then for any  $a_1, \ldots, a_{2^k}$  in R,

$$|a_1S^k + \ldots + a_{2^k}S^k| > |S|^{b(k)},$$

where  $b(k) \to \infty$  as  $k \to \infty$ . In fact,  $\log b(k) \sim \log k$ .

**Proof.** First, we note that for sets A, B, by Ruzsa's triangle inequality (on addition), we have

$$|A - A| \le \frac{|A + B|^2}{|B|}.$$

Hence

$$|A+B| \ge |A-A|^{1/2}|B|^{1/2}.$$
 (1.16)

Claim. Let  $A_1, \ldots, A_{2^k}$  be subsets of R. We take  $s \sim \log_2 k$  and  $\ell \sim \frac{k}{s} \sim \frac{k}{\log k}$ . Then

$$|A_1 + \dots + A_{2^k}| > \min_j |2^{\ell} (A_j - A_j)|^{\frac{1}{2}}.$$

Applying (1.16), we have

$$|A_{1} + \dots + A_{2^{k}}| \ge |A_{1} + \dots + A_{2^{k-1}}|^{1/2}$$

$$|(A_{2^{k-1}+1} - A_{2^{k-1}+1}) + \dots + (A_{2^{k}} - A_{2^{k}})|^{1/2}.$$
(1.17)

Repeating s times, we see that the right-hand side of (1.17) is bounded below by

$$|A_{1} + \dots + A_{2^{k-s}}|^{1/2^{s}} |(A_{2^{k-s}+1} - A_{2^{k-s}+1}) + \dots + (A_{2^{k-s+1}} - A_{2^{k-s+1}})|^{1/2^{s}} |(A_{2^{k-s+1}+1} - A_{2^{k-s+1}+1}) + \dots + (A_{2^{k-s+2}} - A_{2^{k-s+2}})|^{1/2^{s-1}} |$$

$$|(A_{2^{k-2}+1} - A_{2^{k-2}+1}) + \dots + (A_{2^{k-1}} - A_{2^{k-1}})|^{1/2^{2}}$$

$$|(A_{2^{k-1}+1} - A_{2^{k-1}+1}) + \dots + (A_{2^{k}} - A_{2^{k}})|^{1/2}$$
(1.18)

which is bounded further by

$$\min_{j_1 \le 2^{k-1}} \left| (A_{j_1+1} - A_{j_1+1}) + \dots + (A_{j_1+2^{k-s}} - A_{j_1+2^{k-s}}) \right|^{(1-\frac{1}{2^s})}. \tag{1.19}$$

(This estimate is very rough. We omit the first absolute value completely. As for the other absolute values we take only the first  $2^{k-s}$  differences. Therefore,  $j_1 \in \{2^{k-s}, 2^{k-s+1}, \dots, 2^{k-1}\}$ .)

Repeating the process on the sets  $A_{j_1+1}-A_{j_1+1},\ldots,A_{j_1+2^{k-s}}-A_{j_1+2^{k-s}}$ , we have

$$\begin{aligned} & \left| (A_{j_1+1} - A_{j_1+1}) + \dots + (A_{j_1+2^{k-s}} - A_{j_1+2^{k-s}}) \right| \\ > & \min_{j_2 \le 2^{k-s-1}} \left| 2(A_{j_2+1} - A_{j_2+1}) + \dots + 2(A_{j_2+2^{k-2s}} - A_{j_2+2^{k-2s}}) \right|^{(1-\frac{1}{2^s})}. \end{aligned}$$

Iterating  $\ell + 1$  times, we have

$$|A_1 + \dots + A_{2^k}| > \min_j |2^{\ell} (A_j - A_j)|^{(1 - \frac{1}{2^s})^{\ell + 1}}$$

$$> \min_j |2^{\ell} (A_j - A_j)|^{(1 - \frac{1}{k})^{\frac{k}{\log k}}}$$

$$> \min_j |2^{\ell} (A_j - A_j)|^{1/2}.$$

Taking  $A_j = a_j S^k$  in the Claim, by our choice of  $\ell$  and Lemma 1.7, we have

$$|a_1S^k + \ldots + a_{2^k}S^k| > |(2^{\ell}(S^k - S^k))|$$
  
 $> |2^{\ell}S^{\ell}|$   
 $= |S|^{c(\ell)}.$ 

Let 
$$b(k) = c(\ell)$$
. Then  $\log b(k) = \log c(\ell) \sim \log(\ell) \sim \log k$ .

### $\S 2$ . The set of traces.

This is a variant of Helfgott's result.

**Proposition 2.1.** Let  $A \subset GL_3(\mathbb{C})$  be a finite set. Then one of the following alternatives holds.

- (i) There is a subset A' of A,  $|A'| > |A|^{1-\varepsilon}$  which is contained in a coset of a nilpotent subgroup.
- (ii) There is some  $\tilde{g} \in A^{[3]}$  such that

$$|Tr(\tilde{g}A)| > |A|^{\delta}.$$

**Proof.** Assume (ii) fails. Namely, we assume that for all  $\tilde{g} \in A^{[3]}$ ,  $|Tr(\tilde{g}A)| \leq |A|^{\delta}$ . Lemma 1.1 implies that there exists  $A' \subset A$ ,

$$|A'| > |A|^{1-\varepsilon} \tag{2.1}$$

such that

$$\forall \tilde{g} \in A^{[3]}, \ Tr\left(\tilde{g}(A' - A')\right) = \{0\}.$$
 (2.2)

Fix some element  $\xi \in A'$  and let

$$B = A' - \xi \subset A' - A'.$$

Then (2.2) and Remark 1.2.1 imply

$$Tr (B^2) = \{0\}. (2.3)$$

We consider two cases.

Case 1.  $g^2 = 0$  for all  $g \in B$ .

Claim 1. rank  $g \leq 1$ .

Indeed, Lemma 1.2 and (2.2) imply that g has the following upper triangular form.

$$\bar{g} = b^{-1}gb = \begin{pmatrix} 0 & g_{12} & g_{13} \\ 0 & 0 & g_{23} \\ 0 & 0 & 0 \end{pmatrix}$$
 (2.4)

for some  $b = b(g) \in GL_3(\mathbb{C})$ . The assumption  $g^2 = 0$  implies that

$$\bar{g}^2 = \begin{pmatrix} 0 & 0 & g_{12}g_{23} \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} = 0.$$

Thus either  $g_{12} = 0$  or  $g_{23} = 0$  and g is of rank at most 1.

Claim 2. After suitable changes of bases, there is a subset  $\bar{\bar{B}}$  of B,  $|\bar{\bar{B}}| \geq \frac{1}{4}|B|$ , consisting of matrices of the form

$$\begin{pmatrix} 0 & 0 & 0 \\ * & 0 & 0 \\ * & 0 & 0 \end{pmatrix}. \tag{2.5}$$

Proof of Claim 2.

We apply Lemma 1.3 to find some  $\bar{y}^{\vee} \otimes \bar{x} \in B \setminus \{0\}$  and a subset  $\bar{B} \subset B$  such that  $|\bar{B}| > \frac{1}{2}|B|$  and for all  $y^{\vee} \otimes x \in \bar{B}$ 

$$\bar{x} \cdot y = \sum_{i=1}^{3} \bar{x}_i y_i = 0. \tag{2.6}$$

An appropriate base charge (e.g. change  $\bar{x}$  to the standard base  $\vec{e}_3$ ) permits us then to ensure that

$$y_3 = 0$$

for all  $y^{\vee} \otimes x \in \bar{B}$  with  $y = (y_1, y_2, y_3)$ .

Repeating the preceding, we have for any  $g=y^\vee\otimes x, g'={y'}^\vee\otimes x'\in \bar{B}$ 

$$(x \cdot y')(x' \cdot y) = \left(\sum_{i=1,2} x_i y_i'\right) \left(\sum_{j=1,2} x_j' y_j\right) = 0.$$

Hence we may apply Lemma 1.3 again on  $\bar{B}$  to find  $\bar{\bar{g}} = \bar{\bar{y}}^{\vee} \otimes \bar{\bar{x}} \in \bar{B} \setminus \{0\}$  and a subset  $\bar{\bar{B}} \subset \bar{B}, |\bar{\bar{B}}| > \frac{1}{2}|\bar{B}|$ , such that for all  $y^{\vee} \otimes x \in \bar{\bar{B}}$ 

$$\bar{x} \cdot y = \sum_{i=1}^{2} \bar{x}_i y_i = 0. \tag{2.7}$$

A further base change permits us to ensure that also

$$y_2 = 0$$

for any  $g = y^{\vee} \otimes x \in \overline{\overline{B}}$ , which therefore has the form

$$g = \vec{e}_1^{\vee} \otimes x.$$

Again, (2.2) implies

$$x_1 = \text{Tr } q = 0.$$

and g has the form in (2.5) and Claim 2 is proved.

Write

$$\xi + \bar{B} = \xi(1 + \xi^{-1}\bar{B}) \subset A'.$$
 (2.8)

The elements of  $\xi^{-1}\bar{B}$  are still of the form (2.5) since they are of zero-trace by (2.2).

Hence  $1 + \xi^{-1}\bar{\bar{B}} \subset N$ , where N is the nilpotent group

$$\begin{pmatrix} 1 & 0 & 0 \\ * & 1 & 0 \\ * & * & 1 \end{pmatrix}.$$

Recalling (2.1),  $|\bar{B}| > \frac{1}{4}|A|^{1-\varepsilon}$  and we therefore showed that A intersects a coset of a nilpotent subgroup in a set of size at least  $|A|^{1-\varepsilon}$ .

Case 2: There is some  $h \in B$  with  $h^2 \neq 0$ .

We do a base change so that h has the upper triangular form

$$h = \begin{pmatrix} 0 & h_{12} & h_{13} \\ 0 & 0 & h_{23} \\ 0 & 0 & 0 \end{pmatrix}. \tag{2.9}$$

Hence,

$$h^2 = \begin{pmatrix} 0 & 0 & a \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$
, where  $a = h_{12}h_{23} \neq 0$ .

For  $g = (g_{ij}) \in B$ 

$$0 = \operatorname{Tr}(h^2 g) = a g_{31},$$

hence

$$g_{31} = 0.$$

Also

$$0 = \operatorname{Tr}(h^2 g^2) = a(g^2)_{31},$$

hence

$$g_{32}g_{21} = 0.$$

Therefore, either  $g_{32}=0$ , or  $g_{21}=0$ . Assume that more elements  $g \in B$  have  $g_{32}=0$ . (The other case is similar.) Let  $\bar{B} \subset B, |\bar{B}| \geq \frac{1}{2}|B|$  be a subset such that

$$g_{31} = g_{32} = 0 \text{ for } g \in \bar{B}.$$

Next, recalling (2.9), write for  $g \in \bar{B}$ ,

$$0 = \text{Tr } (hq) = h_{12}q_{21} = 0,$$

hence also  $g_{21} = 0$ .

Thus the elements  $g \in \bar{B}$  satisfy

$$g_{21} = g_{31} = g_{32} = 0$$

and recalling (2.2) and Lemma 1.2,

$$g_{11} = g_{22} = g_{33} = 0.$$
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Hence the elements of  $\bar{B}$  are strictly upper triangular

$$g = \begin{pmatrix} 0 & g_{12} & g_{13} \\ 0 & 0 & g_{23} \\ 0 & 0 & 0 \end{pmatrix}$$

Denote

$$\zeta = \xi^{-1}.$$

By (2.2) again

$$0 = \text{Tr } (\zeta h^2) = \zeta_{31}$$

and for  $g \in \bar{B}$ 

$$\operatorname{Tr}(\zeta g) = 0 = \operatorname{Tr}((\zeta g)^{2}). \tag{2.10}$$

Since

$$\zeta g = \begin{pmatrix} 0 & \zeta_{11}g_{12} & \zeta_{11}g_{13} + \zeta_{12}g_{23} \\ 0 & \zeta_{21}g_{12} & \zeta_{21}g_{13} + \zeta_{22}g_{23} \\ 0 & 0 & \zeta_{32}g_{23} \end{pmatrix}$$

(2.10) implies

$$\zeta_{21}g_{12} + \zeta_{32}g_{23} = 0$$
$$(\zeta_{21}g_{12})^2 + (\zeta_{32}g_{23})^2 = 0$$

and

$$\zeta_{21}g_{12} = \zeta_{32}g_{23} = 0.$$

Therefore  $\zeta \bar{B}$  are strictly upper triangular and

$$\xi + \bar{B} = \xi(1 + \zeta \bar{B}) \subset A \cap \xi N.$$

The conclusion is the same as in Case 1.  $\Box$ 

**Remark 2.1.1.** More generally, previous argument shows that if  $A \subset GL_3(\mathbb{C})$  is a finite set and M large, then one of the following holds.

- (1) There is  $\tilde{g} \in A^{[3]}$  such that  $|Tr(\tilde{g}A)| > M$ ,
- (2) There is a subset A' of  $A, |A'| > M^{-C}|A|$  (C an absolute constant) such that A' is contained in a coset of a nilpotent subgroup.

**Remark 2.1.2.** The preceding remains valid for  $\mathbb{C}$  replaced by a finite field.

## §3. Some applications of the Subspace Theorem.

Our main tool to prove Theorem 1 is the finiteness theorem of Evertse, Schlickewei, and Schmidt which we state here in a form convenient for later purpose.

**Theorem 3.1.** [ESS] Let  $G < \langle \mathbb{C}^*, \cdot \rangle$  be a multiplicative group of rank r, and let  $a_1, a_2, \ldots, a_t \in \mathbb{C}$ . One may then associate to each subset  $S \subset \{1, \ldots, t\}$  with  $|S| \geq 2$ , a subset  $\mathcal{C}_S \subset \mathbb{C}^{|S|} = \mathbb{C} \times \cdots \times \mathbb{C}$  of size

$$|\mathcal{C}_S| < C(r, t) \tag{3.1}$$

such that the following holds.

Let  $x = (x_1, \ldots, x_t) \in G^t = G \times \cdots \times G$  be a solution of the equation

$$a_1x_1 + \dots + a_tx_t = 0.$$

Then there is a partition  $\pi = \{\pi_{\alpha}\}$  of  $\{1, \ldots, t\}$  such that  $|\pi_{\alpha}| \geq 2$  and for each  $\alpha$  there is an element  $y \in \mathcal{C}_{\pi_{\alpha}}$  such that  $(x_j)_{j \in \pi_{\alpha}}$  is a scalar multiple of y.

There is the following corollary.

**Lemma 3.2.** Let G be as in Theorem 3.1 and fix an integer  $t \geq 2$ . Let  $a_1, \ldots, a_{2t} \in \mathbb{C} \setminus \{0\}$ . There is a set  $E \subset \mathbb{C}$  depending on  $a_1, \ldots, a_{2t}$ ,

$$|E| < C(r, t) \tag{3.2}$$

such that the following holds.

Let A be a finite subset of  $G^t = G \times \cdots \times G$  and such that

$$\frac{x_i}{x_j} \notin E \text{ for all } x \in \mathcal{A} \text{ and } 1 \le i \ne j \le t.$$
 (3.3)

Then

$$|\{(x, x') \in \mathcal{A} \times \mathcal{A} : a_1 x_1 + \dots + a_t x_t = a_{t+1} x_1' + \dots + a_{2t} x_t'\}| < C(r, t)|\mathcal{A}|.$$
 (3.4)

**Proof.** Apply Theorem [ESS] to the equation

$$a_1x_1 + \dots + a_tx_t - a_{t+1}x_{t+1} - \dots - a_{2t}x_{2t} = 0,$$
 (3.5)

where we denoted  $x' = (x_{t+1}, \ldots, x_{2t})$ .

Let  $\mathcal{C}_S, S \subset \{1, \ldots, 2t\}$  with  $|S| \geq 2$  be the corresponding systems. Define

$$E = \bigcup_{S \subset \{1, \dots, 2t\}} \left\{ \frac{z_i}{z_j} : z \in \mathcal{C}_S, \ 1 \le i \ne j \le t, \text{ or } t + 1 \le i \ne j \le 2t \right\}.$$
 (3.6)

If (3.5) holds, there is a partition  $\{\pi_{\alpha}\}$  of  $\{1,\ldots,2t\}$  such that for each  $\alpha$  there is an element  $y \in \mathcal{C}_{\pi_{\alpha}}$  with

$$\frac{x_i}{x_j} = \frac{y_i}{y_j} \text{ for } i, j \in \pi_\alpha.$$
 (3.7)

If we assume (3.3), then  $|\pi_{\alpha} \cap \{1, \ldots, t\}| \leq 1$  and  $|\pi_{\alpha} \cap \{t+1, \ldots, 2t\}| \leq 1$ . Hence  $|\pi_{\alpha}| = 2$  and  $\pi_{\alpha}$  intersects both  $\{1, \ldots, t\}$  and  $\{t+1, \ldots, 2t\}$  in one element. Since  $\{\pi_{\alpha}\}$  is a partition of  $\{1, \ldots, 2t\}$ , it follows from (3.7) that given  $x = (x_1, \ldots, x_t)$ , the element  $x' = (x_{t+1}, \ldots, x_{2t})$  will be determined up to  $t! |E|^t < C(r, t)$  possibilities. This proves Lemma 3.2.

Hence, we also have:

**Lemma 3.3.** Let G be as in Theorem 3.1. Given  $a_1, \ldots, a_t \in \mathbb{C} \setminus \{0\}$ , there is a subset  $E \subset \mathbb{C}$  with |E| < C(r,t), such that if A is a finite subset of  $G^t = G \times \cdots \times G$  and

$$\frac{x_i}{x_j} \notin E \text{ for all } x = (x_s)_s \in \mathcal{A} \text{ and } 1 \le i \ne j \le t$$
 (3.8)

then

$$\left| \left\{ \sum_{s=1}^{t} a_s x_s : x \in \mathcal{A} \right\} \right| > \frac{1}{C(r,t)} |\mathcal{A}|. \tag{3.9}$$

### Proof.

Denote  $R = \{ \sum a_s x_s : x \in \mathcal{A} \}$  and let for  $z \in \mathbb{C}$ 

$$n(z) = |\{x \in \mathcal{A} : \sum a_s x_s = z\}|.$$

Then

$$|\mathcal{A}| = \sum_{z \in R} n(z) \le |R|^{1/2} \Big[ \sum_{z \in R} n(z)^2 \Big]^{1/2} < C(r,t) |R|^{1/2} |\mathcal{A}|^{1/2}$$

by (3.4). Therefore

$$|R| > \frac{1}{C(r,t)}|\mathcal{A}|$$

and (3.9) holds.

#### §4. The proof of Theorem 1.

We specialize further  $A \subset SL_3(\mathbb{Z})$  not satisfying alternative (i) of Theorem 1.

Hence by Proposition 2.1,

$$|Tr\left(\tilde{g}A\right)| > |A|^{\theta} \tag{4.1}$$

for some  $\theta > 0$  and  $\tilde{g} \in A^{[3]}$ .

We assume

$$|A^3| < |A|^{1+\delta} \tag{4.2}$$

with the aim to reach a contradiction for  $\delta$  small. (In any case  $\delta < \theta/21$ . cf. (4.6) and (4.19))

Assumption (4.2) implies that for any given  $s \in \mathbb{Z}_+$ 

$$|A^{[s]}| < |A|^{1+\delta_s} \tag{4.3}$$

where  $\delta_s \leq 3(s-2)\delta$ . (See [T] or Proposition 1.6.)

We will now repeat an argument due to H. Helfgott [H].

First, we will find a large subset of  $A^{-1}A$  consisting of simultaneously diagonalizable matrices.

Denote  $T = Tr(\tilde{g}A)$  and let for each  $\tau \in T$  an element  $g_{\tau} \in A$  be specified such that

$$\operatorname{Tr}\left(\tilde{g}g_{\tau}\right) = \tau. \tag{4.4}$$

Claim 1. There are  $g_1, g_{\tau} \in A$  and  $A_1 \subset A$  with  $|A_1| > |A|^{\theta}$  such that  $g_1^{-1}A_1$  is contained in the centralizer of  $\tilde{g}g_{\tau}$ .

*Proof.* Since the conjugacy classes

$$C_{\tau} = \{ g \tilde{g} g_{\tau} g^{-1} : g \in A \} \subset A^{[6]}$$

are disjoint and in view of (4.1) and (4.3) we may specify  $\tau \in T \setminus \{3, -1\}$  such that

$$|C_{\tau}| < \frac{|A|^{1+\delta_6}}{|T|} < |A|^{1+\delta_6-\theta}.$$
 (4.5)

Therefore there exists some  $g_1 \in A$  such that

$$|\{g \in A : g\tilde{g}g_{\tau}g^{-1} = g_1\tilde{g}g_{\tau}g_1^{-1}\}| \ge \frac{|A|}{|C_{\tau}|} > |A|^{\theta - \delta_6}.$$
 (4.6)

(Here  $\delta_6$  is negligible, since we can take  $\delta$  as small as we like.)

Let 
$$A_1 = \{g \in A : g\tilde{g}g_{\tau}g^{-1} = g_1\tilde{g}g_{\tau}g_1^{-1}\}$$
. Thus for  $g \in A_1$ 

$$(g_1^{-1}g)(\tilde{g}g_{\tau}) = (\tilde{g}g_{\tau})(g_1^{-1}g),$$
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$$(4.7)$$

which means that the elements of  $g_1^{-1}A_1 \subset A^{-1}A$  commute with  $\tilde{g}g_{\tau}$ .

We will need the following elementary fact from algebra.

**Fact 4.1.** Let  $f(x) \in \mathbb{Z}[x]$  be a monic cubic polynomial over  $\mathbb{Z}$ . Then either f(x) is irreducible over  $\mathbb{Q}$  and has three distinct roots, or one of the roots is in  $\mathbb{Q}$  and the other two roots are quadratic conjugates, or f(x) has three roots in  $\mathbb{Q}$ . Hence if the constant term of f(x) is -1, the only possible multiple roots are 1, 1, 1 or 1, -1, -1.

Let K be the splitting field of the characteristic polynomial  $\det(\tilde{g}g_{\tau} - \lambda)$  of  $\tilde{g}g_{\tau}$ . Since  $\det(\tilde{g}g_{\tau} - \lambda)$  has degree 3, we have  $[K : \mathbb{Q}] \leq 6$ . The eigenvalues  $\lambda_1, \lambda_2, \lambda_3$  of  $\tilde{g}g_{\tau}$  are distinct, because by (4.4),  $\lambda_1 + \lambda_2 + \lambda_3 = \tau \notin \{3, -1\}$ . Therefore  $\tilde{g}g_{\tau}$  is diagonalizable over the extension field K of  $\mathbb{Q}$ . With this basis, the commutativity property

$$h\tilde{g}g_{\tau} = \tilde{g}g_{\tau}h \text{ for } h \in g_1^{-1}A_1$$

implies  $h_{ij}\lambda_j = \lambda_i h_{ij}$ , hence  $h_{ij} = 0$  for  $i \neq j$ .

We have obtained a subset

$$D = g_1^{-1} A_1 \subset A^{-1} A$$

of simultaneously diagonalizable elements, where by Claim 1

$$|D| > |A|^{\theta}. \tag{4.8}$$

We use the basis introduced above with which the elements of D are diagonal.

According to Fact 4.1, for the elements  $g \in D$ , there are two possibilities. Either the eigenvalues  $\lambda_i(g), 1 \leq i \leq 3$  form a system of conjugate algebraic units, or  $\{1, -1\} \cap \{\lambda_i(g) : i = 1, 2, 3\} \neq \phi$  and the other two eigenvalues are conjugate quadratic units. We assume the first alternative (the second may be handled similarly and is in fact easier).

For  $g \in D$ , denote

$$\Lambda(g) = \{\lambda_1(g), \lambda_2(g), \lambda_3(g)\} \subset K. \tag{4.9}$$

Let  $O_K$  be the ring of integers of K. Thus  $\Lambda(g)$  is contained in the unit group of  $O_K$  which is of rank  $\leq 5$ . This will allow us to exploit Theorem ESS (see §3) to reach a contradiction to (4.2). Also,  $\Lambda(g) \cap \Lambda(g') = \phi$ , if  $g \neq g'$ .

We claim that there is an element  $h \in A$  for which there are two nonzero entries in the same row.

Indeed, otherwise for any  $h \in A$  there is exactly one nonzero entry in each row and in each column. Therefore A is contained in the union of the six cosets of the diagonal

subgroup. This would violate our assumption that A fails alternative (i) in Theorem 1.

Fix such an element h. Assume for instance

$$h_{12} \neq 0, h_{13} \neq 0$$

(the other cases are similar).

Fix  $\ell \in \mathbb{Z}_+$  and consider the following set

$$D(hD)^{\ell-1} \subset A^{-1}A(AA^{-1}A)^{\ell-1} \tag{4.10}$$

consisting of elements

$$g = g^{(1)}hg^{(2)}h\cdots hg^{(\ell)}, \text{ where } g^{(1)},\cdots,g^{(\ell)} \in D.$$
 (4.11)

Recall that each  $g^{(s)} \in D$  is diagonal with diagonal elements  $\Lambda(g^{(s)}) = \{\lambda_1(g^{(s)}), \lambda_2(g^{(s)}), \lambda_3(g^{(s)})\}$  forming a system of conjugate units in  $O_K$ . By (4.11)

$$\sum_{i,j} g_{ij} = \sum_{i_1,\dots,i_{\ell}} h_{i_1 i_2} h_{i_2 i_3} \cdots h_{i_{\ell-1} i_{\ell}} \lambda_{i_1}(g^{(1)}) \lambda_{i_2}(g^{(2)}) \cdots \lambda_{i_{\ell}}(g^{(\ell)}), \tag{4.12}$$

which we view as a polynomial in  $\lambda_i(g^{(s)}) \in G$ , where  $g^{(s)} \in D$ , with  $1 \leq s \leq \ell$  and i = 1, 2, 3.

Denote  $\{a_1, \ldots, a_t\}$  the non-vanishing coefficients

$$a_s = h_{i_1 i_2} \cdots h_{i_{\ell-1} i_{\ell}} \neq 0$$
 (4.13)

in (4.12). We note that

$$t < 3^{\ell}. \tag{4.14}$$

We will apply Lemma 3.3 to the linear form  $\sum_{1 \leq s \leq t} a_s x_s, x_s \in G$ . The set  $\mathcal{A} \subset G^t = G \times \cdots \times G$  will consist of elements of the form

$$x = (x_s)_{1 \le s \le t}$$
 where  $x_s = \lambda_{i_1}(g^{(1)}) \cdots \lambda_{i_{\ell}}(g^{(\ell)})$ .

Here the index s corresponds to the multi-index  $(i_1, \ldots, i_{\ell})$  such that (4.13) holds and  $g^{(1)}, \ldots, g^{(\ell)}$  range in D. (Note that  $g^{(1)}, \ldots, g^{(\ell)}$  stay the same for the same x.) The elements of  $\mathcal{A}$  also satisfy condition (3.8) of Lemma 3.3.

Claim 2.

$$|D(hD)^{\ell-1}| > c(\ell)|\mathcal{A}|.$$

*Proof.* First, we observe

**Fact 4.2.** Let  $D \subset GL_3(\mathbb{C})$  be a set of diagonal matrices obtained from a subset of  $SL_3(\mathbb{Z})$  after base change. Then given any  $z \in \mathbb{C}$ , for  $i \neq j$ , there are at most four elements  $g \in D$  for which

$$\frac{\lambda_i(g)}{\lambda_j(g)} = z,\tag{4.15}$$

where  $\lambda_i(g)$  and  $\lambda_j(g)$  are the eigenvalues of g.

In fact, if (4.15) holds for elements  $g, g' \in D$ , then since g, g' are diagonal, we have

$$\lambda_i(g^{-1}g') = \lambda_j(g^{-1}g').$$

Fact 4.1 implies that the eigenvalues of  $g^{-1}g'$  are either 1, 1, 1, or 1, -1, -1. Hence  $g^{-1}g'$  can only be one of the following matrices.

$$1, \begin{pmatrix} 1 & & \\ & -1 & \\ & & -1 \end{pmatrix}, \begin{pmatrix} -1 & & \\ & 1 & \\ & & -1 \end{pmatrix}, \begin{pmatrix} -1 & & \\ & -1 & \\ & & 1 \end{pmatrix}.$$

This shows that for given  $z \in \mathbb{C}$ , (4.15) may only hold for at most four elements of D.

Nest we examine condition (3.8).

Let s, s' be different multi-indices  $(i_1, \ldots, i_\ell)$  and  $(i'_1, \ldots, i'_\ell)$ . Thus

$$\frac{x_s}{x_{s'}} = \frac{\lambda_{i_1}(g^{(1)}) \cdots \lambda_{i_m}(g^{(m)})}{\lambda_{i'_1}(g^{(1)}) \cdots \lambda_{i'_m}(g^{(m)})} \notin E$$
(4.16)

where  $i_m \neq i'_m$  and  $i_{m+1} = i'_{m+1}, \dots, i_{\ell} = i'_{\ell}$ .

Given  $g^{(1)}, \ldots, g^{(m-1)}$ , we view (4.16) as a condition on  $g^{(m)}$ . The issue amounts to considering for some  $z \in \mathbb{C}$  the elements  $g \in D$  for which

$$\frac{\lambda_i(g)}{\lambda_i(g)} = z$$
, where  $i \neq j$ .

By Fact 4.2, it is now clear that condition (4.16) will be satisfied if we remove from  $D^{\ell}$  a subset  $\mathcal{D} \subset D^{\ell}$  where, by (4.14)

$$|\mathcal{D}| \le 4\ell |D|^{\ell-1} |E| < C(\ell) |D|^{\ell-1}.$$

Together with Claim 3 below, we can then conclude from (3.9) that

$$|D(hD)^{\ell-1}| > \frac{1}{C(\ell)}|\mathcal{A}|.$$

Claim 3.

$$|\mathcal{A}| > C(\ell) |D|^{\ell}$$

*Proof.* We will show that the size of a fiber of the map

$$D^{\ell} \setminus \mathcal{D} = D \times \cdots \times D \setminus \mathcal{D} \to \mathcal{A}$$
 given by  $(g^{(1)}, \dots, g^{(\ell)}) \mapsto (x_s)_s$ 

is bounded by  $4^{\ell}$ .

Recall that h satisfies  $h_{12} \neq 0, h_{13} \neq 0$ .

We proceed as follows.

First we note that there exist  $i_1, \ldots, i_{\ell-2}$  such that  $h_{i_1 i_2} \cdots h_{i_{\ell-2} 1} \neq 0$ . Indeed, since h is an invertible matrix, at least one of  $h_{11}, h_{21}, h_{31}$  is nonzero. For instance, if  $h_{21} \neq 0$ , we can take  $i_{\ell-2} = 2, i_{\ell-3} = 1, i_{\ell-4} = 2$  etc. Let  $i_1, \ldots, i_{\ell-2}$  be such indices, and let  $s = (i_1, \ldots, i_{\ell-2}, 1, 2)$ , and  $s' = (i_1, \ldots, i_{\ell-2}, 1, 3)$ . Then  $h_s, h_{s'} \neq 0$  and (4.13) holds for  $a_s, a_{s'}$ . Hence for given  $x = (x_s)_s \in \mathcal{A}$ ,

$$\frac{x_s}{x_{s'}} = \frac{\lambda_2(g^{(\ell)})}{\lambda_3(g^{(\ell)})}$$

determines the ratio  $\frac{\lambda_2(g^{(\ell)})}{\lambda_3(g^{(\ell)})}$ . By Fact 4.2, this essentially specifies  $g^{(\ell)}$  (up to multiplicity 4).

Next, take  $i_1, \ldots, i_{\ell-3}$  and  $i_{\ell}, i'_{\ell}$  such that

$$h_{i_1 i_2} \cdots h_{i_{\ell-3} 1} \neq 0$$
 and  $h_{2i_{\ell}} \neq 0, h_{3i'_{\ell}} \neq 0$ .

Let  $s = (i_1, \dots, i_{\ell-3}, 1, 2, i_{\ell})$  and  $s' = (i_1, \dots, i_{\ell-3}, 1, 3, i'_{\ell})$ . Then

$$\frac{x_s}{x_{s'}} = \frac{\lambda_2(g^{(\ell-1)})}{\lambda_3(g^{(\ell-1)})} \frac{\lambda_{i_\ell}(g^{(\ell)})}{\lambda_{i'_\ell}(g^{(\ell)})}.$$
(4.17)

Since  $g^{(\ell)}$  has already been specified, (4.17) allows us to determine also  $g^{(\ell-1)}$  (up to multiplicity 4). Continuing, we see that  $(x_s)$  indeed determines  $(g^{(1)}, \ldots, g^{(\ell)})$  up to multiplicity  $4^{\ell}$ . Therefore

$$|\mathcal{A}| > 4^{-\ell} |D^{\ell} \setminus \mathcal{D}| > \frac{4^{-\ell}}{2} |D|^{\ell} \qquad \Box$$

Putting Claim 2 and Claim 3 together, we proved that

$$|D(hD)^{\ell-1}| \gtrsim |D|^{\ell}.\tag{4.18}$$

From (4.3), (4.10), (4.18) and (4.8), this implies

$$|A|^{1+\delta_{3\ell-1}} > |A|^{\ell\theta} \tag{4.19}$$

leading to a contradiction for  $\ell$  large enough (since  $\delta$  is very small).

This concludes the argument.

**Remark 4.3.** To see that our result is almost the optimum, we consider the following example.

Fix large integers M and N.

Consider the set  $\mathcal{M} = \{ \sigma \in SL_2(\mathbb{Z}) : \sigma_{i,j} \leq M \}$ , hence

$$|\mathcal{M}| \sim M^2$$
.

Let  $A \subset SL_3(\mathbb{Z})$  consisting of elements of the form

$$g = \begin{pmatrix} \sigma & x \\ \hline 0 & 0 & 1 \end{pmatrix}, \tag{4.20}$$

where  $\sigma \in \mathcal{M}$  and  $x, y \in \mathbb{Z}, |x|, |y| \leq N$ . Thus

$$|A| \sim M^2 N^2$$
.

Clearly for g, g' of the form (4.20), we have

$$gg' = \left(\begin{array}{c|c} \sigma\sigma' & \sigma\begin{pmatrix} x' \\ y' \end{pmatrix} + \begin{pmatrix} x \\ y \end{pmatrix} \\ \hline 0 \ 0 & 1 \end{array}\right) = \left(\begin{array}{c|c} \tilde{\sigma} & z \\ \hline 0 \ 0 & 1 \end{array}\right)$$

where  $\tilde{\sigma} \in \mathcal{M}^2$  and  $|z|, |w| \lesssim MN$ .

Therefore

$$A^3 \subset \left(\begin{array}{c|c} \mathcal{M}^3 & \mathcal{M}^2 \mathcal{N} + \mathcal{M} \mathcal{N} + \mathcal{N} \\ \hline 0 & 0 & 1 \end{array}\right),$$

where

$$\mathcal{N} = \left\{ \begin{pmatrix} x \\ y \end{pmatrix} : x, y \in \mathbb{Z}, |x|, |y| \le N \right\}.$$

Hence

$$|A^3| \lesssim M^6 M^4 N^2 < M^8 |A|.$$

By construction, the intersection of A and the coset of a nilpotent group is at most of size  $\sim \frac{|A|}{M}$ . Given  $\varepsilon > 0$ , choose N large enough to ensure  $M \sim |A|^{\varepsilon}$ . Hence  $|A^3| < |A|^{1+8\varepsilon}$ , proving that  $\delta \leq 8\varepsilon$  in Theorem 1.

**Remark 4.4.** It is likely that the result and proof of Theorem 1 admits a generalization to  $A \subset SL_n(\mathbb{Z})$  for arbitrary n.

# §5. Product theorem for $SL_2(\mathbb{Z})$ .

We may carry out the preceding argument in the 2-dimensional case for finite subsets  $A \subset SL_2(\mathbb{Z})$ . We show the following dichotomy (compare with Helfgott's theorem for  $A \subset SL_2(\mathbb{Z}_p)$ ).

**Theorem 5.1.** Let A be a finite subset of  $SL_2(\mathbb{Z})$ . Then one of the following alternatives holds.

- (i) A is contained in a virtually abelian subgroup.
- (ii)  $|A^3| > c|A|^{1+\delta}$ , for some absolute constant  $\delta > 0$ .

We outline the argument.

First, since  $\det(g) = 1$  for  $g \in SL_2(\mathbb{Z})$ , we note that  $\operatorname{Tr}(g) = \pm 2$  if and only if the characteristic polynomial  $\det(g - \lambda)$  has multiple roots and the two eigenvalues of g are 1, 1 or -1, -1.

Assume neither (i) nor (ii) holds.

Claim 1. There is an element  $\xi \in A^{[2]}$  for which

$$\operatorname{Tr} \xi \neq 2, -2. \tag{5.1}$$

*Proof.* Assume there is none.

Take  $\tilde{g} \in A \setminus \{1, -1\}$ . In appropriate basis,  $\tilde{g}$  has the Jordan form

$$\tilde{g} = \begin{pmatrix} \varepsilon & 1 \\ 0 & \varepsilon \end{pmatrix}$$
 with  $\varepsilon = \pm 1$ .

Let

$$h = \begin{pmatrix} \alpha & \beta \\ \gamma & \delta \end{pmatrix} \in A,$$

hence

$$h^{-1} = \begin{pmatrix} \delta & -\beta \\ -\gamma & \alpha \end{pmatrix} \in A^{-1}$$

and

Tr 
$$\tilde{g}h = \varepsilon \alpha + \gamma + \varepsilon \delta = \varepsilon$$
 Tr  $h + \gamma$   
Tr  $\tilde{g}h^{-1} = \varepsilon \delta - \gamma + \varepsilon \alpha = \varepsilon$  Tr  $h - \gamma$ .

Therefore,

Tr 
$$\tilde{g}h + \text{Tr } \tilde{g}h^{-1} = 2\varepsilon \text{ Tr } h.$$

From our assumption that Tr h, Tr  $\tilde{g}h$ , Tr  $\tilde{g}h^{-1} \in \{2, -2\}$ , we have Tr  $\tilde{g}h$ =Tr  $\tilde{g}h^{-1}$ . Hence  $\gamma = 0$  and

$$A \subset \left\{ \begin{pmatrix} \varepsilon & \beta \\ 0 & \varepsilon \end{pmatrix} : \varepsilon = \pm 1 \right\}$$

contradicting the failure of (i).  $\Box$ 

Thus we take  $\xi \in A^{[2]}$  with Tr  $\xi \neq \pm 2$  and choose a basis over a quadratic extension field K of  $\mathbb Q$  as to make  $\xi$  diagonal

$$\xi = \begin{pmatrix} \lambda & 0 \\ 0 & \lambda^{-1} \end{pmatrix} \qquad \lambda \neq \pm 1.$$

We will work over this basis.

Fix another element  $\zeta = \begin{pmatrix} \zeta_{11} & \zeta_{12} \\ \zeta_{21} & \zeta_{22} \end{pmatrix} \in A$  which is not diagonal.

Claim 2.

$$\max(|Tr\,\xi A|, |Tr\,\xi^2 A|, |Tr\,\zeta A|) \gtrsim |A|^{1/3}$$

*Proof.* Assume say  $\zeta_{12} \neq 0$ .

For 
$$g = \begin{pmatrix} a & b \\ c & d \end{pmatrix} \in A$$
 Tr  $\xi g = \lambda a + \lambda^{-1} d$  (5.2)

$$\operatorname{Tr} \xi^2 g = \lambda^2 a + \lambda^{-2} d \tag{5.3}$$

$$Tr \zeta g = \zeta_{11}a + \zeta_{12}c + \zeta_{21}b + \zeta_{22}d. \tag{5.4}$$

Assume Tr  $\xi g$ , Tr  $\xi^2 g$ , Tr  $\zeta g$  given. From (5.2), (5.3), a and d are specified and from (5.4), we obtain  $\zeta_{12}c + \zeta_{21}b$ , hence b and c (up to multiplicity 2), since ad - bc = 1.

Consequently we reached (4.1) with  $\theta = \frac{1}{3}$  and  $\tilde{g} \in A^{[4]}$ .

Next, apply again Helfgott's argument to produce a set  $D \subset A^{-1}A$  of simultaneously diagonalizable elements over a quadratic extension field K of  $\mathbb{Q}$ ,  $|D| \gtrsim |A|^{1/3}$ . Proceeding as before for  $A \subset SL_3(\mathbb{Z})$ , use Lemma 3.3 and the subsequent construction to contradict the assumption  $|A^3| < |A|^{1+\delta}$ . The only additional ingredient needed is an element  $h \in A$  with at least three nonzero entries. If there is no such element, then A would be contained in the virtually abelian group

$$\left\{ \begin{pmatrix} \lambda & 0 \\ 0 & \frac{1}{\lambda} \end{pmatrix} : \lambda \in U_K \right\} \cup \left\{ \begin{pmatrix} 0 & \lambda \\ -\frac{1}{\lambda} & 0 \end{pmatrix} : \lambda \in U_K \right\}$$

contradicting the failure of (i).

This proves Theorem 5.1.

Let  $F_k$  be the free group generated on k generators. Since  $SL_2(\mathbb{Z})$  contains a subgroup isomorphic to  $F_2$  (in fact of finite index) and  $F_2$  has a subgroup isomorphic to  $F_k$  for all  $k \geq 1$ , Theorem 5.1 has the following implication.

Corollary 5.2. There is an absolute constant  $\delta > 0$  such that the following holds.

Let A be a finite subset of the free group  $F_2$  (or  $F_k, k \geq 2$ ) which is not contained in a cyclic group. Then

$$|A^3| > c|A|^{1+\delta}. (5.5)$$

It would be interesting to have a direct combinatorial proof of this fact.

#### §6. The proof of Theorem 2.

In the present situation, it is not clear how to involve the Subspace Theorem. Rather, for most of the proof, we will follow Helfgott's  $SL_2(\mathbb{Z}_p)$  argument. The main digression in the preceding argument, compared with Helfgott's approach, was the use of the Subspace Theorem rather than the trace-amplification technique from [H].

Assume (i), (ii) both fail. Returning to the proof of Theorem 5.1, Claim 1 and Claim 2 may be reproduced also in the present situation. Thus there is  $\tilde{g} \in A^{[4]}$  such that

$$|Tr\,\tilde{g}A| \gtrsim |A|^{1/3}.\tag{6.1}$$

This gives again a subset  $D \subset A^{-1}A$  of diagonal elements (in the same basis), with

$$|D| > |A|^{1/3}. (6.2)$$

Let

$$\mathcal{D} = \left\{ \lambda : \begin{pmatrix} \lambda & 0 \\ 0 & \frac{1}{\lambda} \end{pmatrix} \in D \right\} \tag{6.3}$$

Take further an element  $h \in A$  which is neither diagonal nor off-diagonal in this basis (which is possible since we assume (i) fails).

Let

$$h = \begin{pmatrix} h_{11} & h_{12} \\ h_{21} & h_{22} \end{pmatrix}.$$

We distinguish several cases.

Case 1:  $h_{11}h_{22} = 1, h_{21} = 0$  (or  $h_{12} = 0$ ).

Hence h is upper triangular

$$h = \begin{pmatrix} a & b \\ 0 & \frac{1}{a} \end{pmatrix}$$
, where  $ab \neq 0$ .

For any  $\mu_1, \ldots, \mu_{r-1} \in \mathcal{D}^r$ , we write the following element in  $hD^r(hD^rD^{-r})^{r-2}hD^{-r}$  as

$$h\begin{pmatrix} \mu_{r-1} & 0 \\ 0 & \frac{1}{\mu_{r-1}} \end{pmatrix} h\begin{pmatrix} \frac{\mu_{r-2}}{\mu_{r-1}} & 0 \\ 0 & \frac{\mu_{r-1}}{\mu_{r-2}} \end{pmatrix} h\begin{pmatrix} \frac{\mu_{r-3}}{\mu_{r-2}} & 0 \\ 0 & \frac{\mu_{r-2}}{\mu_{r-3}} \end{pmatrix} \cdots h\begin{pmatrix} \frac{\mu_1}{\mu_2} & 0 \\ 0 & \frac{\mu_2}{\mu_1} \end{pmatrix} h\begin{pmatrix} \frac{1}{\mu_1} & 0 \\ 0 & \mu_1 \end{pmatrix}$$

$$= \begin{pmatrix} a^r & b(a^{r-1}\mu_1^2 + a^{r-3}\mu_2^2 + \dots + \frac{1}{a^{r-3}}\mu_{r-1}^2 + \frac{1}{a^{r-1}}) \\ 0 & \frac{1}{a^r} \end{pmatrix}.$$
 (6.4)

We see that

$$|A|^{1+\delta_{4r^2-3r}} \ge |AD^r(AD^rD^{-r})^{r-2}AD^{-r}|$$

$$\ge \left| \left\{ a^{r-1}\mu_1^2 + a^{r-3}\mu_2^2 + \dots + \frac{1}{a^{r-3}}\mu_{r-1}^2 : \mu_1, \dots, \mu_{r-1} \in \mathcal{D}^r \right\} \right|.$$
(6.5)

Since  $|\mathcal{D}| > |A|^{1/3}$ , (6.5) clearly contradicts Proposition 1.8. (e.g. we first choose r large enough such that  $\frac{1}{3}c(r) > 2$  then  $\delta$  small such that  $\delta_{4r^2-3r} < 1$ .)

Case 2:  $h_{12}h_{21} = -1, h_{22} = 0$  (or  $h_{11} = 0$ ). Thus

$$h = \begin{pmatrix} a & b \\ -\frac{1}{b} & 0 \end{pmatrix}$$
, where  $ab \neq 0$ .

Taking some  $\lambda \in \mathcal{D}$ , we write

$$h\begin{pmatrix} \lambda & 0 \\ 0 & \frac{1}{\lambda} \end{pmatrix} h = \begin{pmatrix} \lambda a^2 - \frac{1}{\lambda} & \lambda ab \\ -\lambda \frac{a}{b} & -\lambda \end{pmatrix}.$$

Appropriate choice of  $\lambda$  will provide an element  $h' \in A^{[4]}$  with four nonzero entries. This brings us to

Case 3: h has four nonzero entries.

In this situation, we apply Helfgott's trace amplification argument.

Denote  $D_1 = D \cup D^{-1}$  and consider the subset of  $D_1^4 h D_1^4 h$  of elements

$$g_{xy} = \begin{pmatrix} xy & 0 \\ 0 & \frac{1}{xy} \end{pmatrix} \begin{pmatrix} h_{11} & h_{12} \\ h_{21} & h_{22} \end{pmatrix} \begin{pmatrix} \frac{x}{y} & 0 \\ 0 & \frac{y}{x} \end{pmatrix} \begin{pmatrix} h_{11} & h_{12} \\ h_{21} & h_{22} \end{pmatrix}$$
$$= \begin{pmatrix} x^2 h_{11}^2 + y^2 h_{12} h_{21} & * \\ * & \frac{1}{y^2} h_{12} h_{21} + \frac{1}{x^2} h_{22}^2 \end{pmatrix}$$

with 
$$x, y \in \left(\mathcal{D} \cup \mathcal{D}^{-1}\right)^2$$
.

Hence

Tr 
$$g_{xy} = h_{11}^2 x^2 + h_{22}^2 x^{-2} + h_{12} h_{21} (y^2 + y^{-2})$$

and

$$Tr(D_1^4hD_1^4h) \supset \left\{h_{11}^2x^2 + h_{22}^2x^{-2} + h_{12}h_{21}(y^2 + y^{-2}) : x, y \in (\mathcal{D} \cup \mathcal{D}^{-1})^2\right\}.$$

We claim that

$$\left| Tr \left( \left( (A^{-1}A)^4 A \right)^2 \right) \right| \ge |Tr(D_1^4 h D_1^4 h)| > |D|^{1+\gamma}$$
 (6.6)

for some absolute constant  $\gamma > 0$ . This is a consequence of the sum-product theorem in  $\mathbb{C}$ . Assume (6.6) fails. it would follow that

$$\left| \left\{ h_{11}^{2} x^{2} + h_{22}^{2} x^{-2} : x \in \left( \mathcal{D} \cup \mathcal{D}^{-1} \right)^{2} \right\} + h_{12} h_{21} \left\{ y^{2} + \frac{1}{y^{2}} : y \in \left( \mathcal{D} \cup \mathcal{D}^{-1} \right)^{2} \right\} \right| < |\mathcal{D}|^{1+\gamma},$$

$$(6.7)$$

for any  $\gamma > 0$ .

Denote

$$S_1 = \left\{ y^2 + \frac{1}{y^2} : y \in \mathcal{D} \cup \mathcal{D}^{-1} \right\}$$

and

$$S_2 = \left\{ y^2 + \frac{1}{y^2} : y \in \left( \mathcal{D} \cup \mathcal{D}^{-1} \right)^2 \right\}.$$

Then

$$|S_1| \sim |\mathcal{D}| \tag{6.8}$$

and the Plunnecke-Ruzsa inequality and (6.7) imply that

$$|S_2 + S_2| < |\mathcal{D}|^{1+3\gamma}. (6.9)$$

Since clearly

$$S_1S_1 \subset S_2 + S_2$$

and

$$|S_1 + S_1| \le |S_2 + S_2|,$$

(6.8) and (6.9) indeed contradict the sum-product theorem in  $\mathbb{C}$ .

Hence (6.6) holds.

Replacing A by  $\tilde{A} = ((A^{-1}A)^4A)^2$ , we obtain a new set  $\tilde{D} \subset (\tilde{A})^{-1}\tilde{A}$  of simultaneously diagonal elements (in another basis), for which

$$|\tilde{\mathcal{D}}| > |D|^{1+\gamma} > |A|^{\frac{1}{3} + \frac{\gamma}{3}}.$$

Go again through Cases 1, 2, 3.

In Case 1, we obtain a contradiction.

In Cases 2 and 3, a further trace amplification is achieved. Eventually a contradiction is reached. This proves Theorem 2.

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