## Solutions to Chapter 17 exercises

17.1 Let $\left(x_{n}\right)$ be a Cauchy sequence in a discrete metric space $(X, d)$. There exists $N \in \mathbb{N}$ such that $d\left(x_{m}, x_{n}\right)<1$ whenever $m>n \geqslant N$, so in fact $d\left(x_{m}, x_{n}\right)=0$ whenever $m>n \geqslant N$, since the metric is discrete. This says that the sequence is 'eventually constant', namely $x_{n}=x_{N}$ for all $n \geqslant N$. So $\left(x_{n}\right)$ converges, and $X$ is complete.
17.2 We use the criterion given in Propositions 17.6 and 17.7: a subspace of a complete metric space $X$ is complete iff it is closed in $X$. We know also that $\mathbb{R}$ and $\mathbb{R}^{2}$ are complete.
(i) This is complete since it is closed in $\mathbb{R}$ - its complement is the union of open intervals $(-\infty, 0) \cup(1, \infty) \cup \bigcup_{n \in \mathbb{N}}(1 /(n+1), 1 / n)$ (see Example 6.2 (a) (iv).)
(ii) This is not complete since it is not closed in $\mathbb{R}$ - its closure is $[0,1]$.
(iii) This is complete since it is closed in $\mathbb{R}^{2}$ - it is the intersection of two closed sets, namely $\left\{(x, y) \in \mathbb{R}^{2}: x \geqslant 0\right\}$ and $\left\{(x, y) \in \mathbb{R}^{2}: x y \geqslant 1\right\}$.
17.3 (a) Suppose that $A$ and $B$ are complete subspaces of a metric space $X$, and let $\left(x_{n}\right)$ be any Cauchy sequence in $A \cup B$. Then either $\left(x_{n}\right)$ has a subsequence which lies entirely in $A$, or it has a subsequence in $B$ (or both). Such a subsequence is Cauchy since $\left(x_{n}\right)$ is, so it converges by completeness of $A$ (or of $B$ ). But if a Cauchy sequence has a convergent subsequence, the whole sequence converges by Lemma 17.10. So $A \cup B$ is complete.
(b) Suppose for each $i$ in some indexing set $I$ that $A_{i}$ is a complete subspace of a metric space $X$, and let $\left(x_{n}\right)$ be a Cauchy sequence in $\bigcap_{i \in I} A_{i}$, assuming this intersection is non-empty. Then for any particular $i_{0} \in I$, the sequence $\left(x_{n}\right)$ is a Cauchy sequence in $A_{i_{0}}$ hence it converges. (If the intersection is empty then it is vacuously complete, since there are no Cauchy sequences for which to check convergence.)
17.4 As in Definition 6.33, let $h, k$ be positive constants such that $h d^{\prime}(x, y) \leqslant d(x, y) \leqslant k d^{\prime}(x, y)$ for all $x, y \in X$, and suppose that $(X, d)$ is complete. Let $\left(x_{n}\right)$ be a Cauchy sequence in $\left(X, d^{\prime}\right)$. We prove that $\left(x_{n}\right)$ is a Cauchy sequence in $(X, d)$. For let $\varepsilon>0$. Then there exists $N \in \mathbb{N}$ such that $d^{\prime}\left(x_{m} x_{n}\right)<\varepsilon / k$ for all $m, n \in \mathbb{N}$ with $m>n \geqslant N$. Then $d\left(x_{m}, x_{n}\right)<\varepsilon$ for all $m, n \in \mathbb{N}$ with $m>n \geqslant N$. Hence $\left(x_{n}\right)$ is Cauchy in ( $X, d$ ), and by completeness it converges in $(X, d)$, say to $x \in X$. We prove that $\left(x_{n}\right)$ converges to $x$ also in $\left(X, d^{\prime}\right)$, so the latter is compelete. For let $\varepsilon>0$. Then there exists $N \in \mathbb{N}$ such that $d\left(x_{n}, x\right)<h \varepsilon$ for all $n \geqslant N$. Hence $d^{\prime}\left(x_{n}, x\right)<\varepsilon$ for all $n \geqslant N$.
17.5 Let us label these metrics $d_{a}, d_{b}, d_{c}$.
(a) Then $\left(\mathbb{R}, d_{a}\right)$ is complete. For let $\left(x_{n}\right)$ be a $d_{a}$-Cauchy sequence. Then $\left(x_{n}^{3}\right)$ is a Cauchy sequence in the ordinary sense, so it converges in the usual sense, say to $y \in \mathbb{R}$. Let $x=y^{1 / 3}$. Then $\left(x_{n}\right)$ converges to $x$ in the metric $d_{a}$. For $d_{a}\left(x_{n}, x\right)=\left|x_{n}^{3}-x^{3}\right|=\left|x_{n}^{3}-y\right| \rightarrow 0$ as $n \rightarrow \infty$.
(b) This is not complete. For consider the sequence $(-n)$. Then $\mathrm{e}^{-n} \rightarrow 0$ as $n \rightarrow \infty$, so ( $\mathrm{e}^{-n}$ ) is Cauchy in the usual sense, which says that the sequence $(-n)$ is $d_{b}$-Cauchy. But suppose that $(-n)$ converged to a real number $a$ in $\left(\mathbb{R}, d_{b}\right)$. Then $d_{b}(-n, a) \rightarrow 0$ as $n \rightarrow \infty$, or equivalently $\left|\mathrm{e}^{-n}-\mathrm{e}^{a}\right| \rightarrow 0$ as $n \rightarrow \infty$, which says that $\left(\mathrm{e}^{-n}\right)$ converges to $\mathrm{e}^{a}$ in the usual metric on $\mathbb{R}$. But we know that $\left(\mathrm{e}^{-n}\right)$ converges to 0 in the usual metric. Hence by uniqueness of limits $\mathrm{e}^{a}=0$. But there is no such real number $a$, so $(-n)$ cannot converge in $\left(\mathbb{R}, d_{b}\right)$. Hence $\left(\mathbb{R}, d_{b}\right)$ is not complete.
(c) For similar reasons this is not complete. For consider the sequence $(n)$ in $\mathbb{R}$. The sequence $\left(\tan ^{-1}(n)\right)$ converges to $\pi / 2$ in the usual sense as $n \rightarrow \infty$. So $\left(\tan ^{-1}(n)\right)$ is Cauchy in the usual sense, which says that $(n)$ is $d_{c}$-Cauchy. But suppose that $(n)$ converges to $a \in \mathbb{R}$ in the metric space $\left(\mathbb{R}, d_{c}\right)$. Then $\left(\tan ^{-1}(n)\right)$ converges to $\tan ^{-1}(a)$ in the usual sense. By uniqueness of limits this gives $\tan ^{-1}(a)=\pi / 2$. But there is no such real number $a$. So $(n)$ does not converge in $\left(\mathbb{R}, d_{c}\right)$, and this space is not complete.
17.6 We write $d, d^{\prime}$ for the metrics on $X, X^{\prime}$ respectively.
(a) Suppose that $\left(x_{n}\right)$ is a Cauchy sequence in $X$, and let $\varepsilon>0$. Since $f: X \rightarrow X^{\prime}$ is uniformly continuous, there exists $\delta>0$ such that $d^{\prime}\left(f(x), f\left(x^{\prime}\right)\right)<\varepsilon$ whenever $d\left(x, x^{\prime}\right)<\delta$. Since $\left(x_{n}\right)$ is Cauchy, there exists $N \in \mathbb{N}$ such that $d\left(x_{m}, x_{n}\right)<\delta$ whenever $m>n \geqslant N$. So $d^{\prime}\left(f\left(x_{m}\right), f\left(x_{n}\right)\right)<\varepsilon$ whenever $m>n \geqslant N$. This shows that $\left(f\left(x_{n}\right)\right)$ is a Cauchy sequence in $X^{\prime}$.
(b) Suppose that $\left(y_{n}\right)$ converges to $y$ in $X^{\prime}$. Then by continuity of $f^{-1}$ and Exercise 6.23, $\left(f^{-1}\left(y_{n}\right)\right)$ converges to $f^{-1}(y)$ in $X$.
(c) Suppose that $X^{\prime}$ is complete and that $\left(x_{n}\right)$ is a Cauchy sequence in $X$. Then $\left(f\left(x_{n}\right)\right)$ is a Cauchy sequence in $X^{\prime}$ by (a). Since $X^{\prime}$ is complete, $\left(f\left(x_{n}\right)\right)$ converges in $X^{\prime}$, so by (b) ( $x_{n}$ ) converges in $X$. Thus $X$ is complete.
(d) Now suppose that $f: X \rightarrow X^{\prime}$ is a bijective map of metric spaces such that both $f$ and $f^{-1}$ are uniformly continuous. If $X^{\prime}$ is complete then so is $X$ by (c) above. If $X$ is complete then so is $X^{\prime}$ by (c) applied with $f$ replaced by $f^{-1}$.
17.7 (a) Suppose that $D \subseteq \mathbb{R}$ and that $f: D \rightarrow \mathbb{R}$ satisfies $|f(x)-f(y)| \leqslant K|x-y|^{\alpha}$ for some constants $K, \alpha>0$ and all $x, y \in D$. Let $\varepsilon>0$, and put $\delta=(\varepsilon / K)^{1 / \alpha}$. Then whenever $x, y \in D$ and $|x-y|<\delta$ we have

$$
|f(x)-f(y)| \leqslant K|x-y|^{\alpha}<K(\varepsilon / K)^{(1 / \alpha)(\alpha)}=\varepsilon
$$

So $f$ is uniformly continuous on $D$.
(b) This time we suppose that for any $x, y \in[a, b]$ we have $|f(x)-f(y)| \leqslant K|x-y|^{\alpha}$ for some constants $K$, $\alpha$ with $\alpha>1$. Then for any $x \in[a, b]$ and $h \in \mathbb{R}$ with $h>0$ and $x+h \in[a, b]$,

$$
0 \leqslant \frac{|f(x+h)-f(x)|}{|h|} \leqslant K|h|^{\alpha-1}, \quad \text { and as } h \rightarrow 0 \text { we have }|h|^{\alpha-1} \rightarrow 0 \text { since } \alpha>1
$$

This shows that $f$ is differentiable on $[a, b]$ with derivative zero everywhere in $[a, b]$, so $f$ is constant on $[a, b]$ (by the mean value theorem).
(c) By the mean value theorem, for any $x, y \in[a, b]$ we have $f(x)-f(y)=(x-y) f^{\prime}(\xi)$ for some $\xi$ between $x$ and $y$. The conclusion follows immediately.
17.8 We note that $x^{5}+7 x-1=0$ iff $x=\left(1-x^{5}\right) / 7$. So define $f(x)=\left(1-x^{5}\right) / 7$. Then $f([0,1]) \subseteq[0,1]$ : for $f^{\prime}(x)=-5 x^{4} / 7<0$ for all $x \in[0,1]$, and $f(0)=1 / 7, f(1)=0$. Also, $\left|f^{\prime}(x)\right| \leqslant 5 / 7$ for all $x \in[0,1]$, so by Exercise 17.7 (c), $f$ is a contraction on $[0,1]$ and by Theorem 17.22 it has a unique fixed point $p$ in $[0,1]$. This gives a solution of $x^{5}+7 x-1=0$ which is unique in $[0,1]$. (Notice that the intermediate value theorem gives existence, but not uniqueness, of a solution in $[0,1]$.)
17.9 The derivative of the cosine function is the negative sine function, and $0 \leqslant \sin x \leqslant \sin 1$ on $[0,1]$. So $\cos x$ is decreasing on $[0,1]$, with $\cos 0=1$ and $\cos 1>0$. So the cosine function does map $[0,1]$ into $[0,1]$. Moreover, $\operatorname{since}|\sin x| \leqslant \sin 1<1$ for $x \in[0,1]$, by Exercise 17.7 (c) the cosine function is a contraction on $[0,1]$ and by Theorem 17.22 we can get successive approximations $x_{n}$ to a solution of $\cos x=x$ by iterating the cosine function, beginning with $x_{1}=0.5$ say. This gives $x_{2}=\cos x_{1}=0.88, x_{3}=\cos x_{2}=0.64$, and successive $x_{n}$ as $0.80,0.70,0.76,0.72,0.75,0.73,0.745,0.735,0.742,0.737$. So it begins to look as if the unique solution of $\cos x-x$ in $[0,1]$ is 0.74 correct to two decimal places. To check this, we calculate $\cos x-x$ at $x=0.735$ and at 0.745 , and get respectively positive and negative answers, so by the intermediate value theorem there must be a point between 0.725 and 0.745 where $\cos x-x=0$. This checks that 0.74 is a solution of $\cos x=x$ correct to two decimal places. (There are faster algorithms for getting an approximate solution. For example the Newton-Raphson method with the same starting point is correct to two decimal places after only two stages.)
17.10 Let $f(x)=\sqrt{2+\sqrt{x}}$. Then $f^{\prime}(x)=\frac{1}{4 \sqrt{x} \sqrt{2+\sqrt{x}}}$ which is positive in $[\sqrt{3}, 2]$ so $f$ is increasing there. Now $f(2)=\sqrt{2+\sqrt{2}}<\sqrt{2+2}=2$, and $f(2)=\sqrt{2+\sqrt{2}}>\sqrt{2+1}=\sqrt{3}$. Also, $f(\sqrt{3})=\sqrt{2+3^{1 / 4}}$ and $1<3^{1 / 4}<2$, so $\sqrt{2+1}<\sqrt{2+3^{1 / 4}}<\sqrt{2+2}=2$, so both $f(\sqrt{3})$ and $f(2)$ lie in $[\sqrt{3}, 2]$. This shows that $f$ does map $[\sqrt{3}, 2]$ into itself. Also, for $x \in[\sqrt{3}, 2]$ we have $0<f^{\prime}(x) \leqslant \frac{1}{4.3^{1 / 4} \sqrt{2+3^{1 / 4}}}<1$, so $f$ is a contraction on $[\sqrt{3}, 2]$. Now by Banach's fixed point theorem, $f$ has a unique fixed point $p$ in $[\sqrt{3}, 2]$. Moreover the sequence defined in the question is obtained by iterating $f$, and we may think of the iteration as beginning with $x_{2}=\sqrt{2+\sqrt{2}}$, which lies in $[\sqrt{3}, 2]$. So by Banach's fixed point theorem the sequence converges to $p$. The point $p$ is in $[\sqrt{3}, 2]$ and satisfies $p=\sqrt{2+\sqrt{p}}$, so $p^{2}=2+\sqrt{p}$, so $\left(p^{2}-2\right)^{2}=p$, which says that $p$ is a root of the equation $x^{4}-4 x^{2}-x+4=0$.
17.11 Clearly $f$ has no fixed point in $(0,1 / 4)$ since the only solutions of $x^{2}=x$ are $x=0,1$. Now $f$ does map $(0,1 / 4)$ into itself, since $0<x^{2}<1 / 16$ when $0<x<1 / 4$. Moreover, for $x, y \in(0,1 / 4)$ we have $|f(x)-f(y)|=\left|x^{2}-y^{2}\right|=|(x-y)(x+y)| \leqslant|x-y| / 2$, so $f$ is a contraction of $(0,1 / 4)$. But $(0,1)$ is not complete, so this does not contradict Banach's fixed point theorem.
17.12 Since $[1, \infty)$ is a closed subspace of the complete space $\mathbb{R}$, it is complete by Proposition 17.7. Also, $f(x)=x+1 / x \geqslant 1$ for $x \geqslant 1$, so $f$ maps [ $1, \infty$ ) into itself. Finally, $f^{\prime}(x)=1-1 / x^{2}$, so for $x, y \in[1, \infty)$ the mean value theorem gives $|f(x)-f(y)|=|x-y|\left|f^{\prime}(\xi)\right|$ for some $\xi$ between $x$ and $y$, so $|f(x)-f(y)|<|x-y|$. [But we note that the above argument does not show that $f$ is a contraction on $[1, \infty)$, since there is no $K<1$ such that $1-1 / \xi^{2} \leqslant K$ for all $\xi \in[1, \infty)$.
17.13 (a) By the contraction mapping theorem applied to $f^{(k)}$, there is a unique point $p \in X$ such that $f^{(k)}(p)=p$. Now consider $f(p)$. We have $f^{(k)}(f(p))=f\left(f^{(k)}\right)(p)=f(p)$, so $f(p)$ is a fixed point of $f^{(k)}$ and by uniqueness we must have $f(p)=p$. This says $p$ is a fixed point of $f$ itself. Moreover, if also $f(q)=q$ then by an easy induction we see that $f^{(n)}(q)=q$ for any $n \in \mathbb{N}$. In particular $f^{(k)}(q)=q$, so by uniqueness $q=p$. Hence $f$ itself has a unique fixed point in $X$.

Now for some fixed $x \in X$ consider the sequence $\left(f^{(n)}(x)\right)$. We wish to show that it converges to $p$. This is true for the subsequence $\left(f^{(n k)}(x)\right)$ by the contraction mapping theorem, since $f^{(k)}$ is a contraction of $X$. Let $K$ be a contraction constant for $f^{(k)}$. Let $\varepsilon>0$. Since $\left(f^{(n k)}(x)\right)$ converges to $p$, there exists $N_{1} \in \mathbb{N}$ such that $d\left(f^{(n k)}(x), p\right)<\varepsilon / 2$ for all $n \geqslant N_{1}$, where $d$ is the metric on $X$. Now let $M=\max \left\{d(f(x), p), d\left(f^{(2)}(x), p\right), \ldots, d\left(f^{(k-1)}(x), p\right)\right\}$, and let $N_{2} \in \mathbb{N}$ be such that $K^{N_{2}} M<\varepsilon / 2$. (We may choose such an $N_{2}$ since $0 \leqslant K<1$.) Put $N=\max \left\{N_{1}, N_{2}\right\}$. Then whenever $n \geqslant N k$ we have $n=m k+i$ for some $m \geqslant N$ and some integer $i$ satisfying $0 \leqslant i<k$. We get

$$
\begin{array}{rl}
d\left(f^{(n)}(x), p\right) \leqslant d\left(f^{(m k+i)}(x), f^{(m k)}(x)\right)+d\left(f^{(m k)}(x), p\right) \leqslant K^{m} & d\left(f^{(i)}(x), x\right)+\varepsilon / 2 \\
& \leqslant K^{m} M+\varepsilon / 2 \leqslant K^{N_{2}} M+\varepsilon / 2<\varepsilon
\end{array}
$$

This shows that $\left(f^{(n)}(x)\right)$ converges to $p$.
(b) The idea for seeing that $\cos : \mathbb{R} \rightarrow \mathbb{R}$ is not a contraction is that its derivative can get arbitrarily close to 1 . Suppose for a contradiction that $\cos : \mathbb{R} \rightarrow \mathbb{R}$ is a contraction with contraction constant $K<1$. Since $\sin x \rightarrow 1$ as $x \rightarrow \pi / 2-$, we may choose $\delta>0$ such that $\sin x>K$ for all $x \in[\pi / 2-\delta, \pi / 2]$. By the mean value theorem $|\cos \pi / 2-\cos (\pi / 2-\delta)|=|\delta \sin \xi|$ for some $\xi \in(\pi / 2-\delta, \pi / 2)$, so $|\cos \pi / 2-\cos (\pi / 2-\delta)|>K \delta$, contradicting the contraction condition.

To see that $\cos ^{(2)}: \mathbb{R} \rightarrow \mathbb{R}$ is a contraction, put $f(x)=\cos (\cos x)$. Then $g^{\prime}(x)=\sin x \cdot \sin (\cos x)$, and for any $x \in \mathbb{R}$ we have

$$
\left|g^{\prime}(x)\right| \leqslant|\sin (\cos x)| \leqslant \sin 1<1
$$

so $g$ is a contraction by Exercise 17.7 (c).
17.14 (a) Clearly $d^{\prime}$ satisfies (M1). By definition (M2) holds for $d^{\prime}$. To check the triangle inequality $d^{\prime}(a, c) \leqslant d^{\prime}(a, b)+d^{\prime}(b, c)$ for any three points $\{a, b, c\}$ we first note that this is trivial if any of the two points are equal, so it is enough to check it for three distinct points. Now $d^{\prime}(x, z)=2<3=d^{\prime}(x, y)+d^{\prime}(y, z), d^{\prime}(x, y)=2<3=d^{\prime}(x, z)+d^{\prime}(z, y)$, and finally $d^{\prime}(y, z)=1<4=d^{\prime}(y, x)+d^{\prime}(x, z)$. The other possibilities follow by symmetry.

Next we see that $d^{\prime}$ is Lipshitz equivalent to $d$. This follows for any two metrics on a finite set $X$, since for any distinct points $x, y \in X$ we may consider the ratio $d(x, y) / d^{\prime}(x, y)$, and let $k$ be the maximum of these ratios as $x, y$ vary over all distinct pairs in $X$. Then $d(x, y) \leqslant k d^{\prime}(x, y)$ for any pair $x, y \in X$ (trivially if $x=y$ ). Similarly there is a positive constant $h$ such that $h d^{\prime}(x, y) \leqslant d(x, y)$ for any pair $x, y \in X$.
(b) Since for example $1=d(f(x), f(y))=d(y, z)=1$, and also $d(x, y)=1$, $f$ is not a $d$-contraction. However,

$$
\begin{aligned}
d^{\prime}(f(x), f(y)) & =d^{\prime}(y, z)=1=d^{\prime}(x, y) / 2, \\
d^{\prime}(f(x), f(z)) & =d^{\prime}(y, z)=1=d^{\prime}(x, z) / 2, \\
d^{\prime}(f(y), f(z)) & =d^{\prime}(z, z)=0 \leqslant d^{\prime}(y, z) / 2,
\end{aligned}
$$

and the other contraction conditions follow by symmetry. So $f$ is a $d^{\prime}$-contraction with contraction constant $1 / 2$.
17.15 Consider the composition

$$
X \xrightarrow{\Delta} X \times X \xrightarrow{1 \times f} X \times X \xrightarrow{d} \mathbb{R}
$$

Each map here is continuous (by Propositions 5.19, 5.22 and Exercise 5.17) so the composition $F$ is continuous (by Proposition 5.18). Since $X$ is compact, $F$ attains its lower bound $l$ on $X$. Suppose $l>0$, and that $l$ is attained at $x_{0}$, so $d\left(x_{0}, f\left(x_{0}\right)\right)=l$. Then $x_{0}$ and $f\left(x_{0}\right)$ are distinct, so by assumption $l=F\left(f\left(x_{0}\right)\right)=d\left(f\left(x_{0}\right), f\left(f\left(x_{0}\right)\right)\right)<d\left(x_{0}, f\left(x_{0}\right)\right)=l$. This contradiction shows that $l$ must be 0 . Since $l$ is attained, this says that $d(p, f(p))=0$ for some $p \in X$, so $f(p)=p$ and we have proved existence of a fixed point.

Uniqueness For distinct fixed points $p, q$ we would have $d(p, q)=d(f(p), f(q))<d(p, q)$, contradiction. So $p$ is the unique fixed point.
17.16 (a) For $f_{1}, f_{2} \in \mathcal{C}[0,1]$,

$$
\begin{aligned}
\left|I\left(f_{1}\right)-I\left(f_{2}\right)\right|=\left|\int_{0}^{1}\left(f_{1}(x)-f_{2}(x)\right) \mathrm{d} x\right| \leqslant \int_{0}^{1} \mid f_{1}(x)- & f_{2}(x) \mid \mathrm{d} x \\
& \leqslant \sup _{x \in[0,1]}\left|f_{1}(x)-f_{2}(x)\right|=d_{\infty}\left(f_{1}, f_{2}\right),
\end{aligned}
$$

so given $\varepsilon>0$ take $\delta=\varepsilon$, and whenever $d_{\infty}\left(f_{1}, f_{2}\right)<\delta$ the above calculation shows that $\left|I\left(f_{1}\right)-I\left(f_{2}\right)\right|<\delta=\varepsilon$. This proves that $I$ is continuous.
(b) We know that $\mathcal{C}[0,1]$ is complete (see Example 17.16) so we just need to show that $F$ is a contraction of $\mathcal{C}[0,1]$. This has two ingredients: first, for any $y \in \mathcal{C}[0,1]$ we show that $F(y) \in \mathcal{C}[0,1]$. Then we show that $F$ satisfies the contraction condition.

So let $y:[0,1] \rightarrow \mathbb{R}$ be continuous. We want to prove that $x \mapsto g(x)+\frac{1}{2} \int_{0}^{1} \sin (x t) y(t) \mathrm{d} t$ is continuous. Since $g$ is continuous, we just need to show that $x \mapsto G(x)=\frac{1}{2} \int_{0}^{1} \sin (x t) y(t) \mathrm{d} t$ is continuous. Now by the mean value theorem, for any $t, x_{1}, x_{2} \in[0,1]$ and for some $\xi$ between $x_{1} t$ and $x_{2} t$ we have

$$
\left|\sin \left(x_{1} t\right)-\sin \left(x_{2} t\right)\right|=\left|\left(x_{1} t-x_{2} t\right) \cos \xi\right| \leqslant\left|x_{1}-x_{2}\right||t| \leqslant\left|x_{1}-x_{2}\right|
$$

Hence

$$
\left|G\left(x_{1}\right)-G\left(x_{2}\right)\right|=\left|\frac{1}{2} \int_{0}^{1}\left(\sin \left(x_{1} t\right)-\sin \left(x_{2} t\right)\right) y(t) \mathrm{d} t\right| \leqslant\left(\frac{1}{2} \int_{0}^{1}|y(t)| \mathrm{d} t\right)\left|x_{1}-x_{2}\right| .
$$

Now given $\varepsilon>0$ we may take $\delta=2 \varepsilon / \int_{0}^{1}|y(t)| \mathrm{d} t$ and then $\left|G\left(x_{1}\right)-G\left(x_{2}\right)\right|<\varepsilon$ whenever $\left|x_{1}-x_{2}\right|<\delta$. This completes the proof that $F(y) \in \mathcal{C}[0,1]$ when $y \in \mathcal{C}[0,1]$.

Now for any $y_{1}, y_{2} \in \mathcal{C}[0,1], d_{\infty}\left(F\left(y_{1}\right), F\left(y_{2}\right)\right)=\sup _{x \in[0,1]}\left|F\left(y_{1}\right)(x)-F\left(y_{2}\right)(x)\right|$. But for all $x \in[0,1]$,

$$
\left|F\left(y_{1}\right)(x)-F\left(y_{2}\right)(x)\right|=\frac{1}{2}\left|\int_{0}^{1} \sin (x t)\left(y_{1}(t)-y_{2}(t)\right) \mathrm{d} t\right| \leqslant \frac{1}{2} d_{\infty}\left(y_{1}, y_{2}\right) .
$$

Hence

$$
d_{\infty}\left(F\left(y_{1}\right), F\left(y_{2}\right)\right) \leqslant \frac{1}{2} d_{\infty}\left(y_{1}, y_{2}\right)
$$

and $F$ is a contraction as required.

