Computing the length of the longest day

The purpose is to compute the length of the longest day of the year, when the earth's polar axis is tilted approximately $\alpha^{\circ} = 23.5^{\circ}$ towards the sun. It turns out that the length of this day measured in hours at latitude β° North is equal to

$$24 \cdot \left(1 - \frac{1}{\pi} \cdot \operatorname{Arc} \cos \left(\tan \alpha \tan \beta\right)\right)$$

provided $0 \le \beta^{\circ} \le 90^{\circ} - \alpha^{\circ}$. If $\beta \ge 90^{\circ} - \alpha^{\circ}$ then the length of the longest day is simply 24 hours. A table giving the length of the longest day as a function of latitude is in the document solstice-table.pdf. — These figures are not quite accurate, for they do not take atmospheric refraction into account; this phenomenon makes it appear that the sun rises earlier and sets later than it actually does.