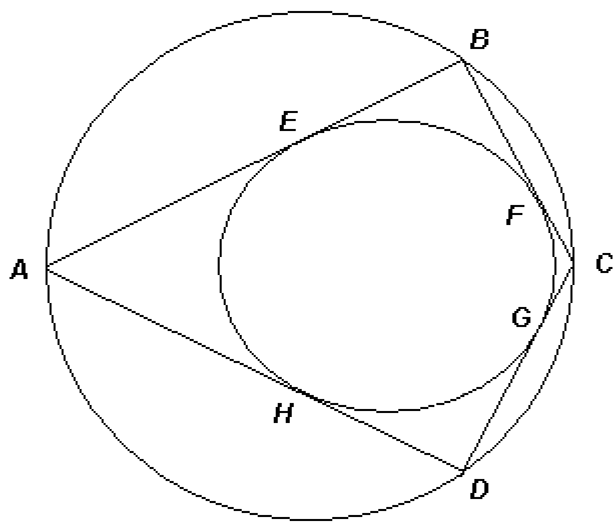A quadrilateral that is inscribed in one circle and circumscribed about another